

HESAV

hp<sup>2</sup>  
LABORATOIRE

LIGUE PULMONAIRE GENEVOISE

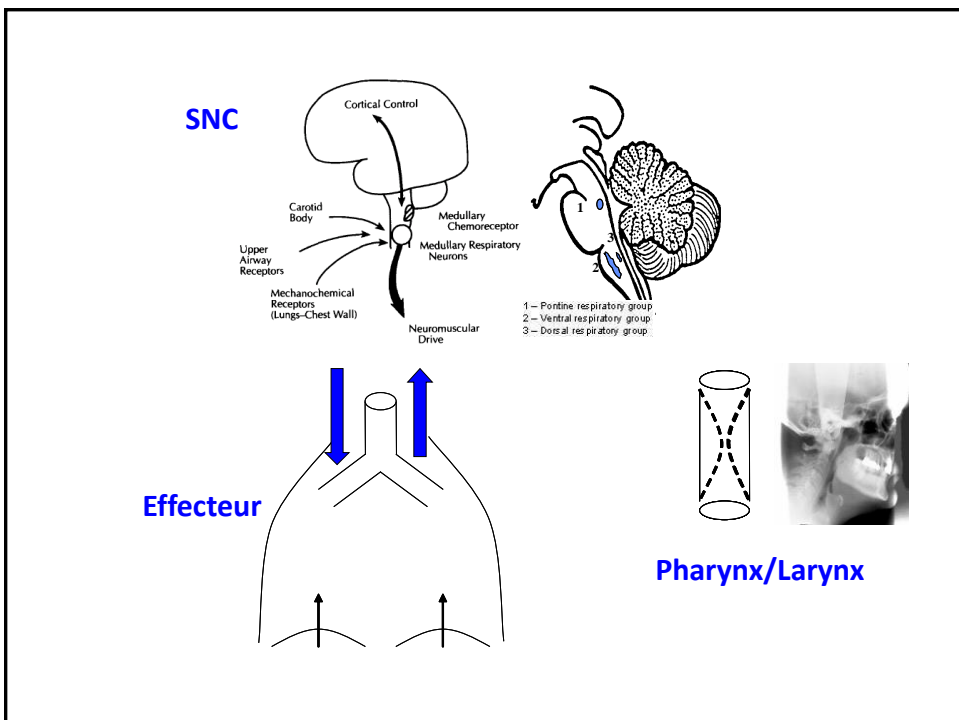
# Indications de la VNI de domicile en 2014

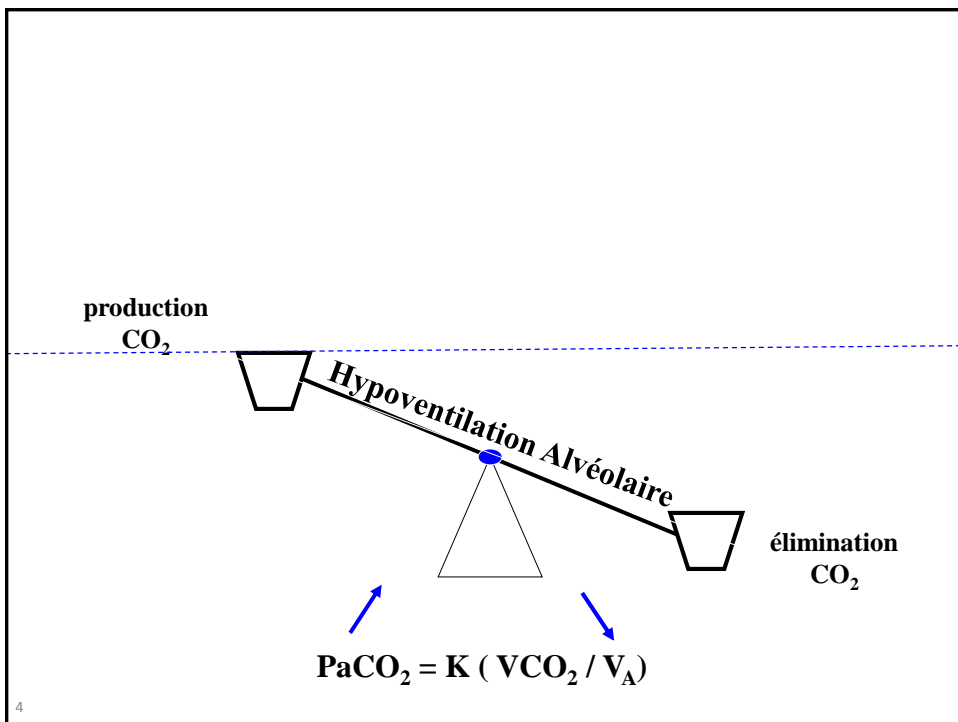
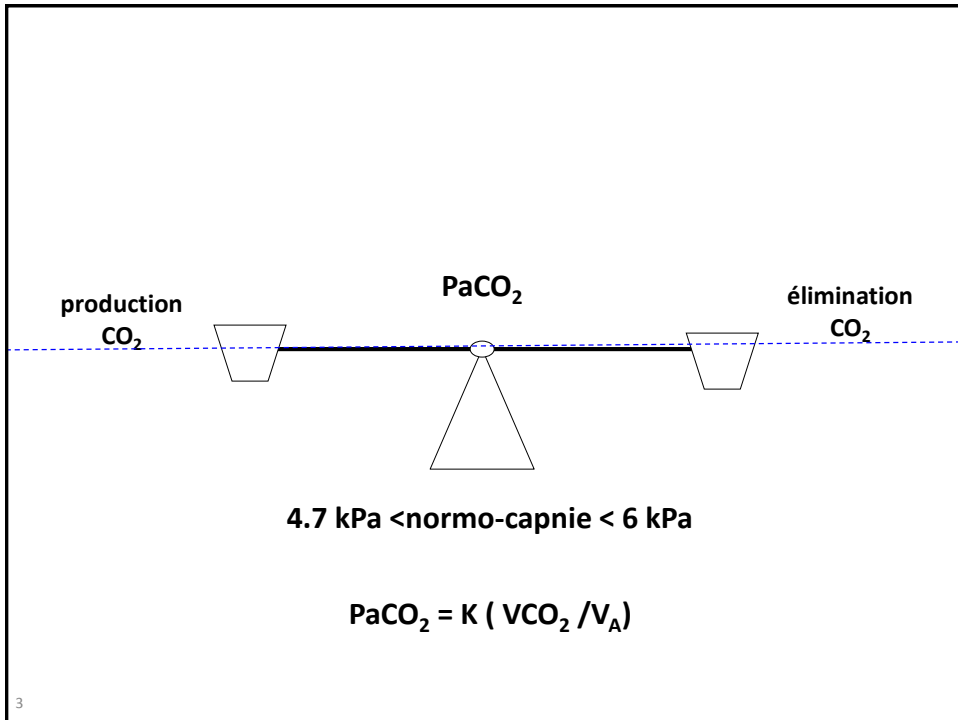
« Hors situations d'insuffisance respiratoire aiguë »

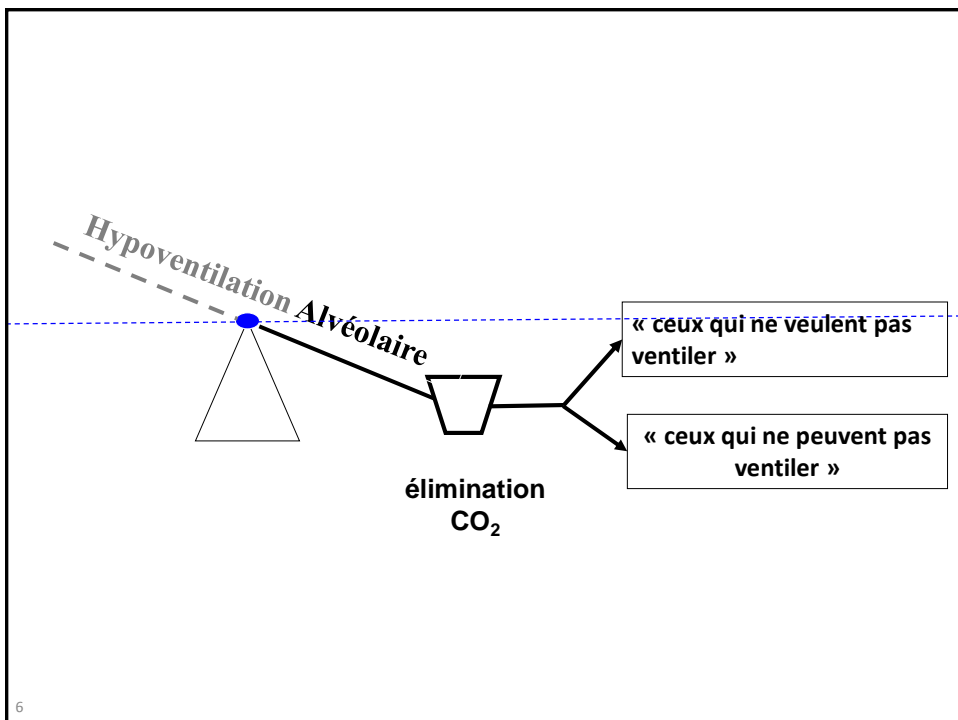
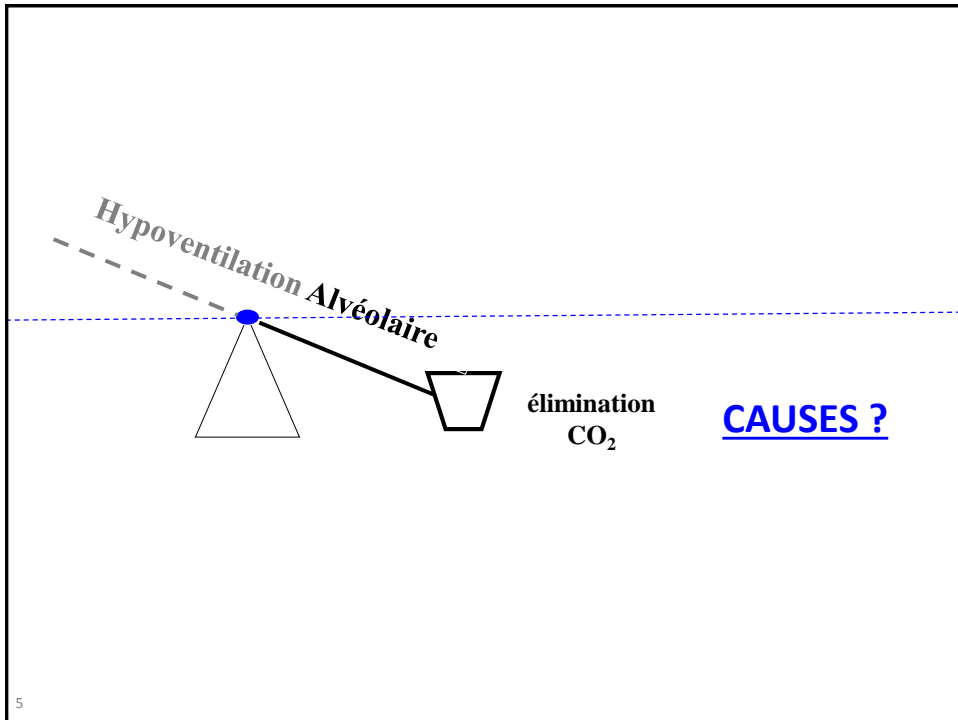
Olivier Contal, PhD  
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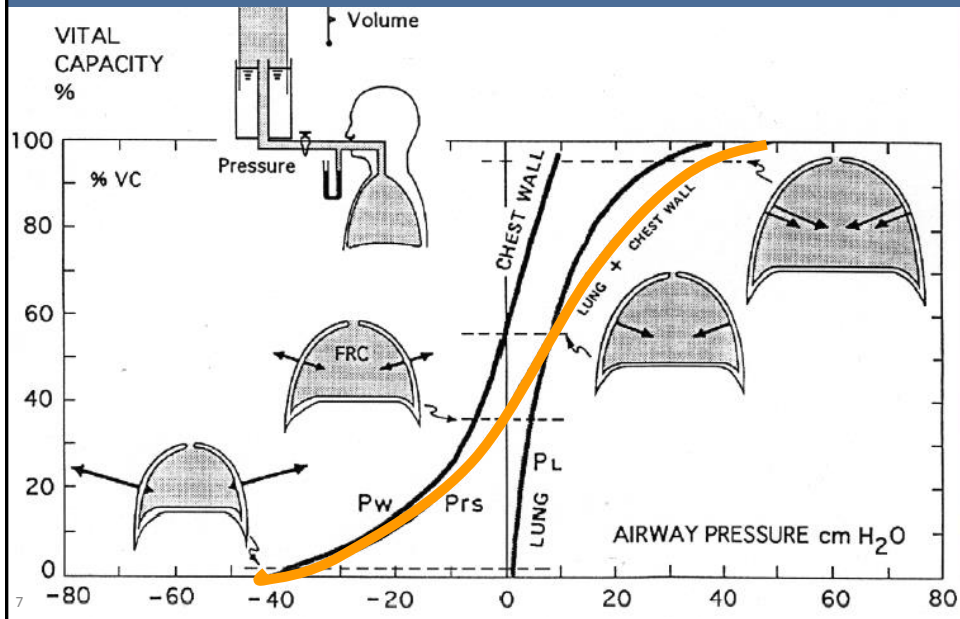
Arnaud Prigent, MD



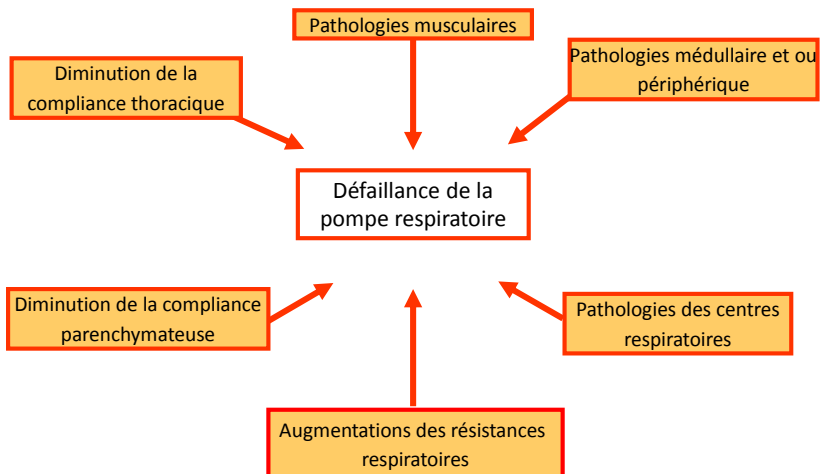




## Courbe pression volume



## Mécanismes conduisant à une insuffisance respiratoire hypercapnique chronique



## Pour quels patients

- « ne peuvent pas.. »
  - Pathologie neuro-musculaire (SLA- traumatismes médullaires)
  - Paralyse diaphragmatique
  - Myopathies, Myasthénie
  - Cyphoscoliose, séquelles de tuberculose...
- « ne veulent pas.. »
  - Hypoventilation alvéolaire primaire – syndrome d’Ondine
  - AVC, poliomyélite bulbaire
  - Malformation d’Arnold – Chiari
- « ne peuvent et ne veulent pas... »
  - BPCO
  - Obésité hypo-ventilation
  - ....

*! Non exhaustif et il y a des overlaps...*

## Exemples d’indications VNI au long cours

Pathologie	Déformations thoraco-vertébrales Séquelles pleurales	NM peu ou pas évolutifs	NM évolutifs (SLA)	Obésité-hypoventilation	BPCO	Mucoviscidoses Bronchectasies
Signes cliniques + hypercapnie permanente	Oui + PaCO <sub>2</sub> > 45	Oui + PaCO <sub>2</sub> > 45	Oui + PaCO <sub>2</sub> > 45	Oui + PaCO <sub>2</sub> > 45 <u>Avec apnées</u> Persistance de l’hypercapnie sous PPC : VNI <u>Sans apnées</u> : VNI	Si traitement médical et O <sub>2</sub> T optimisés : rechercher un SAS Oui + PaCO <sub>2</sub> > 55 Désaturations nocturnes : 5’ consécutives sous O <sub>2</sub> Ou instabilité exacerbations sévères répétées	Oui + PaCO <sub>2</sub> > 55  Ou instabilité exacerbations sévères répétées
Signes cliniques + hypercapnie nocturne	Oui	Oui	Oui	Non	Non	Non
Prévention de l’hypoventilation	Non	Non	Oui CV < 50 % P <sub>max</sub> < 60 cmH <sub>2</sub> O	Non	Non	Non

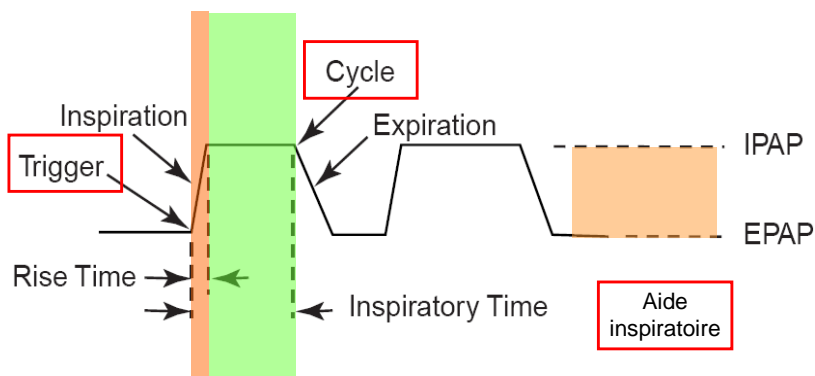
Hypoventilation : PaCO<sub>2</sub> > 45 et désaturations nocturnes.

## Ventilation synchronisée



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## Principe de la VNI



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Courtesy JP Janssens

## But de la VNI

- Améliorer les gaz du sang diurnes
- Améliorer la SpO<sub>2</sub> nocturne et corriger l'hypoventilation alvéolaire nocturne
- Améliorer les symptômes liés à l'hypercapnie et la dyspnée
- Améliorer la qualité du sommeil

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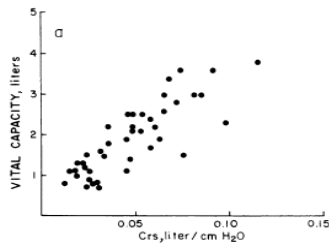
The scoliosis of Richard III, 1452-1485 (<http://www.thelancet.com/multimedia>)

## Cyphoscoliose: anomalie de la mécanique



↘ Compliance du système respiratoire

↘ Efficacité musculaire

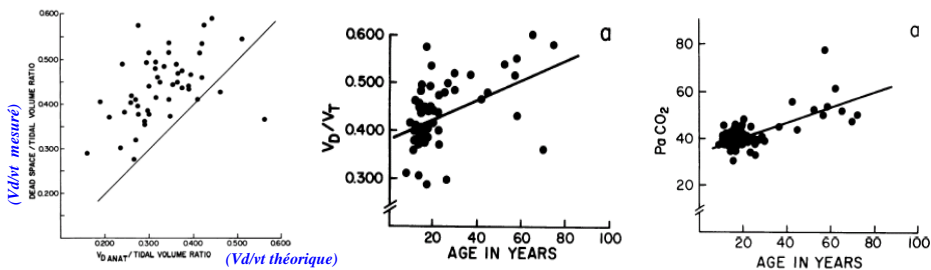


↘ Croissance pulmonaire et thoracique

↘ Diminution surface alvéolaire

ER Kafer, JCI 1975

## Cyphoscoliose : anomalie de la mécanique

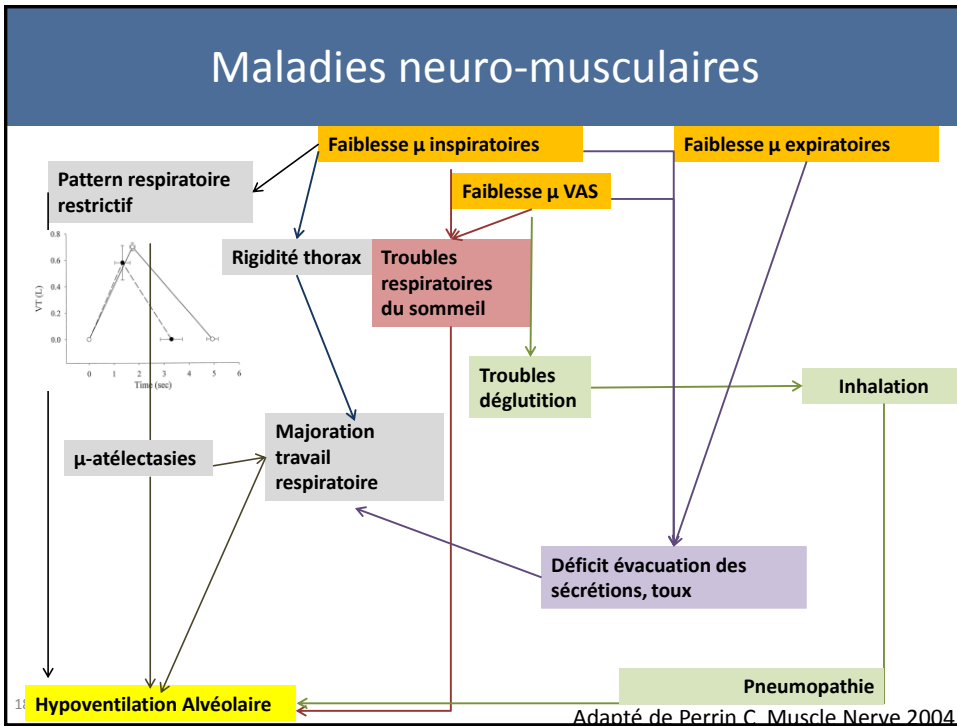
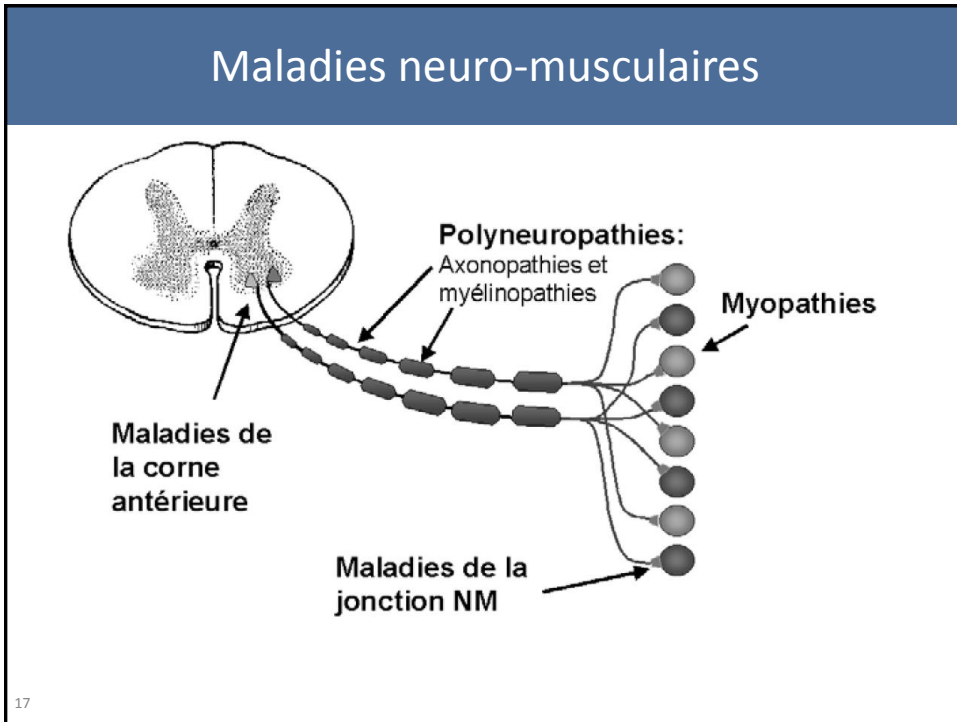


Age : facteur aggravant

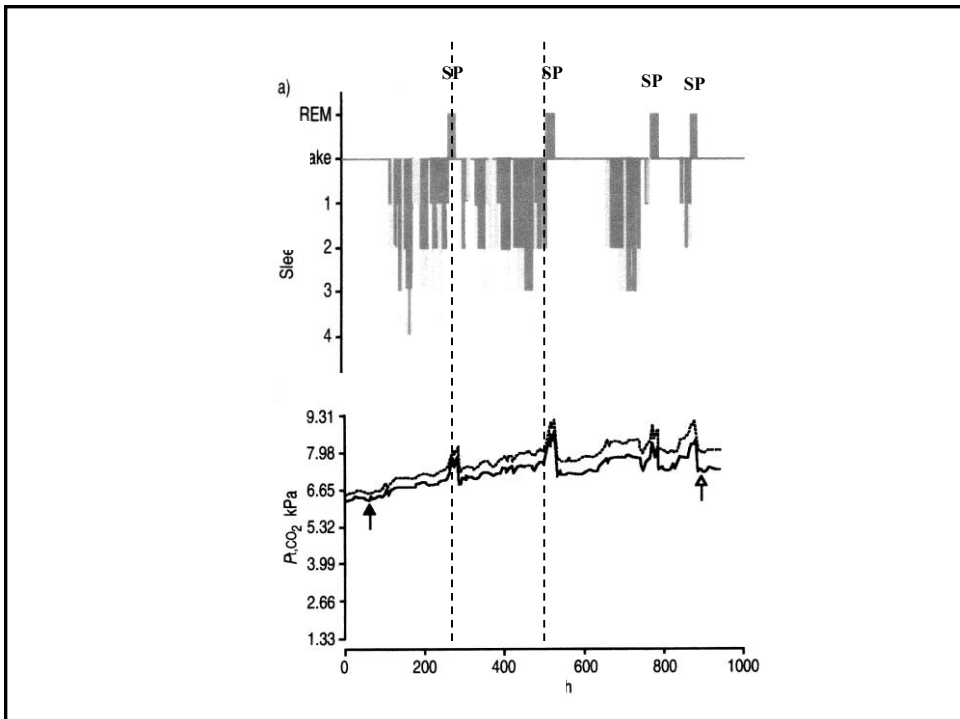
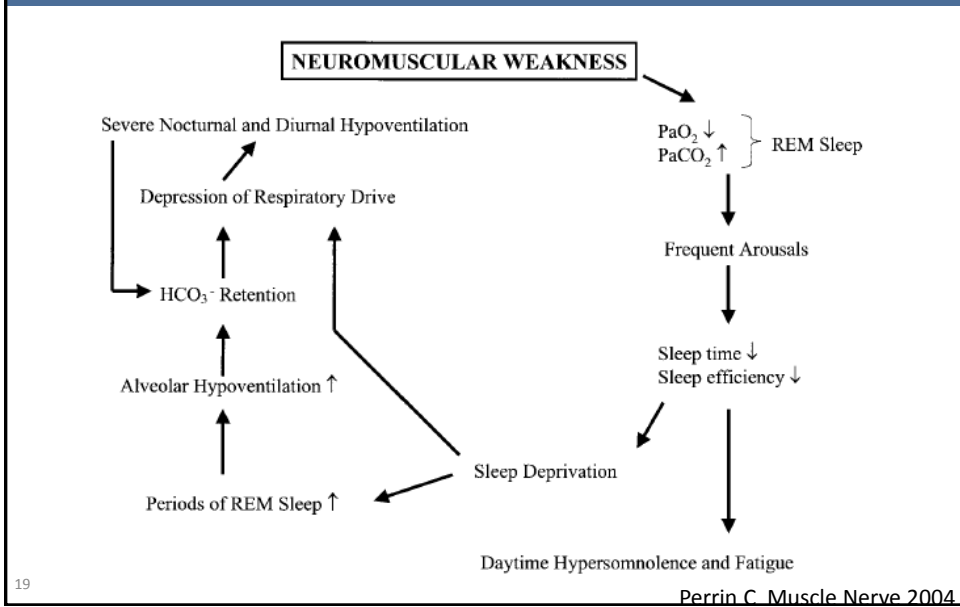
↗  $\text{PaCO}_2$  3.23 mmHg/an

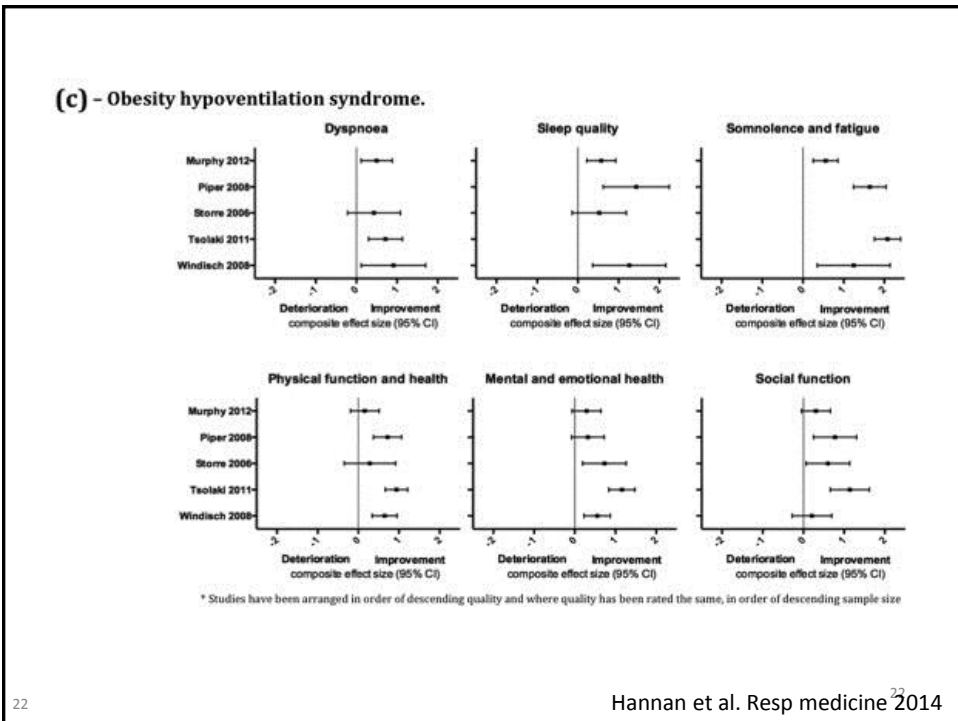
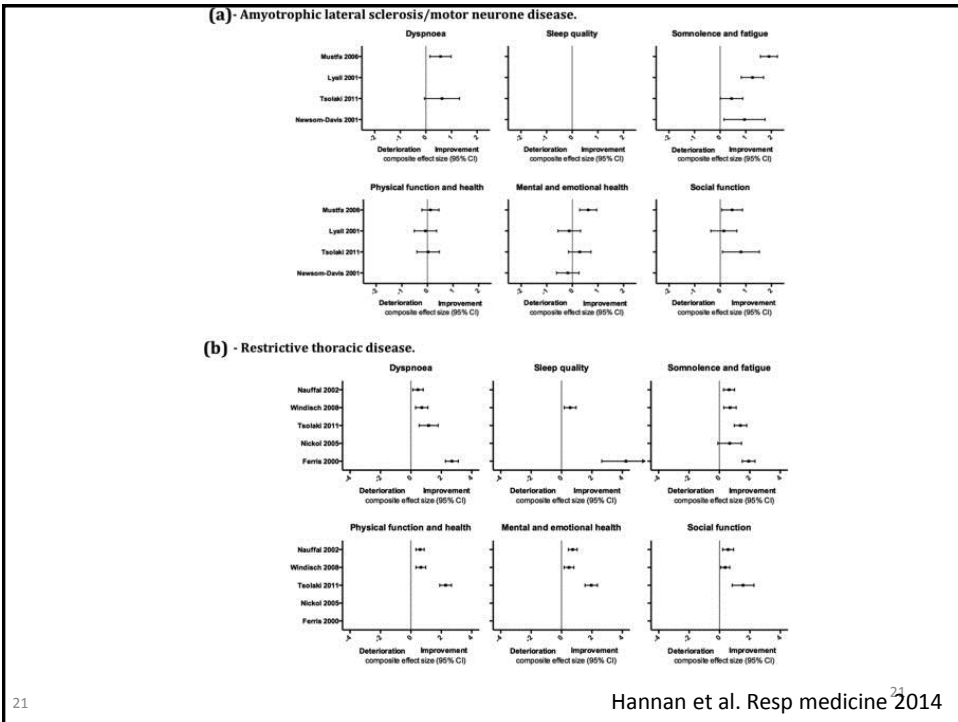
ER Kafer, JCI 1975





Le désordre respiratoire nocturne précède et potentiellement induit l'apparition de l'insuffisance respiratoire en situation diurne



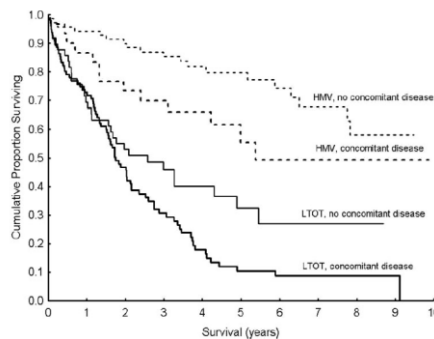
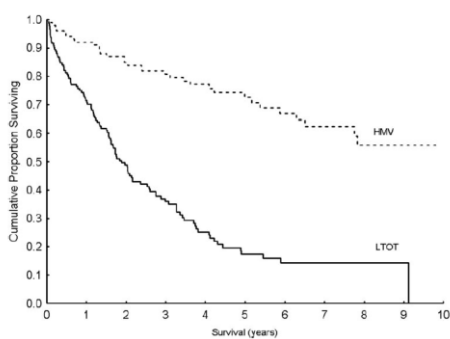


Study	Selection bias	Study design	Confounders	Blinding	Data collection method	Withdrawals and dropouts	Total 18 = Weakest possible 6 = Strongest possible	Global rating
Bourke 2006	Moderate	Strong	Strong	Weak	Strong	Strong	9	Moderate
Mustfa 2006	Moderate	Moderate	Weak	Weak	Strong	Strong	12	Weak
Lyall 2001	Weak	Moderate	Weak	Weak	Strong	Strong	13	Weak
Newsom-Davis 2001	Weak	Moderate	Weak	Weak	Strong	Strong	13	Weak
Butz 2003	Weak	Moderate	Weak	Weak	Strong	Moderate	14	Weak
Bourke 2003	Weak	Moderate	Weak	Weak	Strong	Weak	15	Weak
Raphael 1994	Strong	Strong	Strong	Weak	Strong	Strong	8	Moderate
Ferris 2000	Weak	Moderate	Weak	Weak	Weak	Strong	15	Weak
Borel 2012	Moderate	Strong	Moderate	Moderate	Strong	Strong	9	Strong
Murphy 2012	Moderate	Moderate	Weak	Moderate	Strong	Strong	11	Moderate
Piper 2008	Moderate	Moderate	Weak	Weak	Strong	Strong	12	Weak
Storre 2006	Moderate	Moderate	Weak	Moderate	Strong	Moderate	12	Moderate
Windisch 2008	Moderate	Moderate	Weak	Weak	Strong	Moderate	13	Weak
Tsolaki 2011	Weak	Moderate	Weak	Weak	Strong	Strong	13	Weak
Nauffal 2002	Weak	Moderate	Weak	Weak	Strong	Strong	13	Weak
Domenech-Clar 2003	Weak	Moderate	Weak	Weak	Strong	Moderate	14	Weak
Nickol 2005	Weak	Moderate	Weak	Weak	Moderate	Strong	14	Weak
Guilleminaut 1998	Weak	Moderate	Weak	Weak	Strong	Weak	15	Weak

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Efficacité de la VNI au long cours dans les pathologies thoraco-restrictives et les maladies neuro-musculaires.

## Oxygénothérapie long terme versus VNI sans la cyphoscoliosis



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Gustafson T, Chest 2006

## Oxygénothérapie long terme versus VNI sans la cyphoscoliosis

**Table 2—Univariate Analysis of Relative Risk of Death Among Patients With Kyphoscoliosis**

Variables	HR	95% CI	p Value
Mechanical ventilation vs oxygen therapy alone	0.22	0.15–0.33	< 0.001
Age > 70 yr	3.34	2.31–4.82	< 0.001
Concomitant respiratory disease	2.43	1.72–3.44	< 0.001
Female gender	1.33	0.93–1.93	0.118
PaO <sub>2</sub> * mm Hg	0.97	0.96–0.99	< 0.001
PaCO <sub>2</sub> * mm Hg	0.98	0.96–0.99	< 0.01

\*Continuous variables.

**Table 3—Multivariate Analyses of Relative Risk of Death Among Patients With Kyphoscoliosis**

Variables	HR	95% CI	p Value
Oxygen therapy alone	1		
HMV	0.30	0.18–0.51	< 0.001
Age > 70 yr	2.63	1.74–3.98	< 0.001
Female gender	1.27	0.85–1.92	0.24
Concomitant respiratory disease	1.43	0.96–2.12	0.078
PaO <sub>2</sub>	0.99	0.97–1.02	0.70
PaCO <sub>2</sub>	0.99	0.98–1.02	0.95

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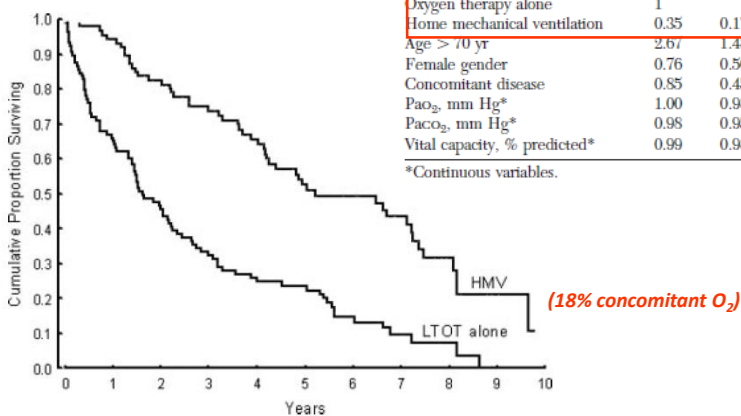
Gustafson T, Chest 2006

## Oxygénothérapie long terme versus VNI dans les séquelles mutilantes de Tuberculose

Table 2—Multivariate Analysis of Relative Risk of Death

Variables	Hazard Ratio	95% CI	p Value
Oxygen therapy alone	1		
Home mechanical ventilation	0.35	0.17–0.70	0.0028
Age > 70 yr	2.67	1.48–4.83	0.0012
Female gender	0.76	0.50–1.16	0.20
Concomitant disease	0.85	0.45–1.61	0.62
Pao <sub>2</sub> , mm Hg*	1.00	0.98–1.03	0.75
Paco <sub>2</sub> , mm Hg*	0.98	0.95–1.01	0.19
Vital capacity, % predicted*	0.99	0.98–1.01	0.36

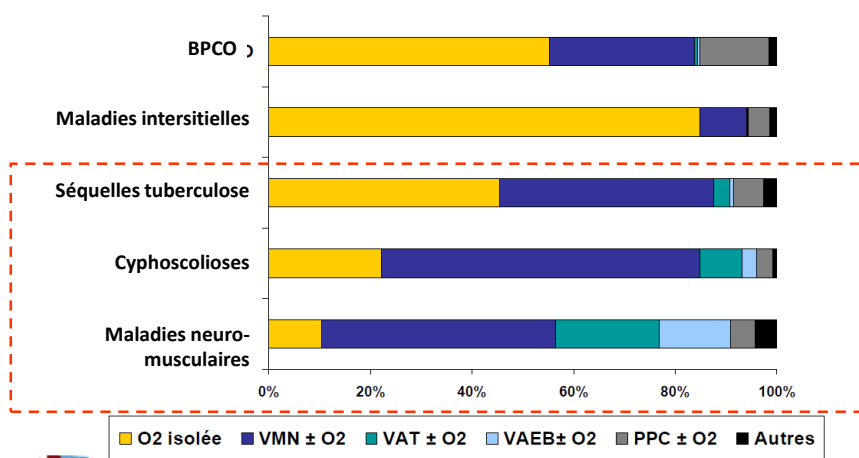
\*Continuous variables.



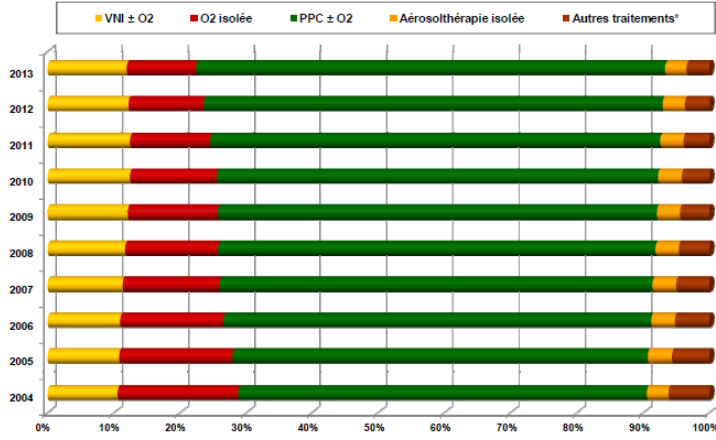
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Jäger L, Chest 2008

## Observatoire ANTADIR (2010)



# Observatoire ANTADIR (2013)



\* VAEB ± O2, VAT ± O2, PET, aspiration, trachéotomie

Observatoire des patients de l'ANTADIR - 2013

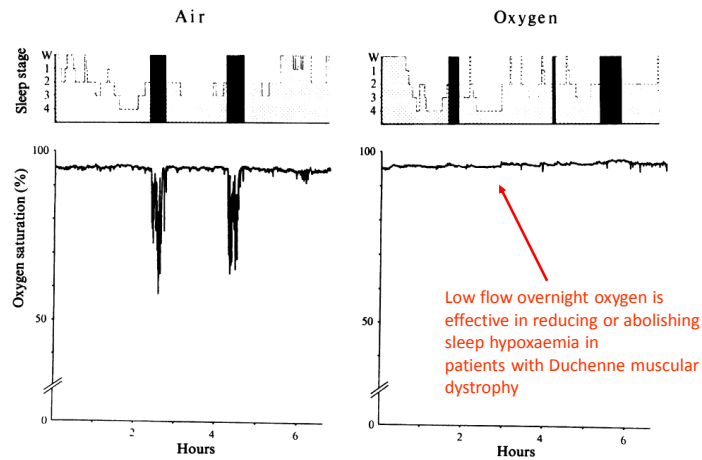
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## Oxygen treatment of sleep hypoxaemia in Duchenne muscular dystrophy

*Thorax* 1989;44:997-1001

P E M SMITH, R H T EDWARDS, P M A CALVERLEY

From the Muscle Research Centre, University Department of Medicine and Regional Thoracic Unit, Liverpool



Overnight oxygen saturation with air and with oxygen in a 16 year old patient with Duchenne muscular dystrophy (vital capacity 1.0 litre, maximum static inspiratory mouth pressure -30 cm H<sub>2</sub>O) showing repeated oxygen desaturation during REM sleep corrected by oxygen. Light shaded areas represent wakefulness (W) and stages 1-4 of non-REM sleep; REM sleep is represented by the solid bars.

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## Oxygen treatment of sleep hypoxaemia in Duchenne muscular dystrophy

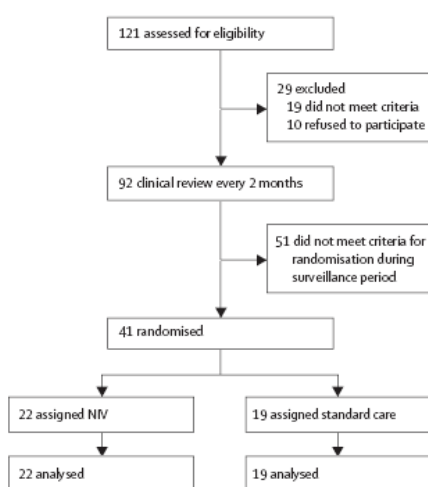
*Thorax* 1989;44:997-1001

P E M SMITH, R H T EDWARDS, P M A CALVERLEY

*From the Muscle Research Centre, University Department of Medicine and Regional Thoracic Unit, Liverpool*

oxygen only one subject showed any oxygen desaturation exceeding 2.5%. Oxygen desaturation was associated with periods of hypopnoea or cessation of respiratory effort. The mean duration of episodes of hypopnoea and apnoea was prolonged during oxygen breathing by 19% and the mean duration of episodes during REM sleep by 33% (the proportion of REM sleep associated with hypopnoea and apnoea increased in all subjects). Heart rate in non-REM sleep fell by 9.3%; heart rate variation in REM and non-REM sleep was unchanged. These acute studies show that oxygen reduces the sleep hypoxaemia associated with respiratory muscle weakness; whether long term treatment will be possible or desirable is not clear as oxygen potentiates the underlying ventilatory disturbance.

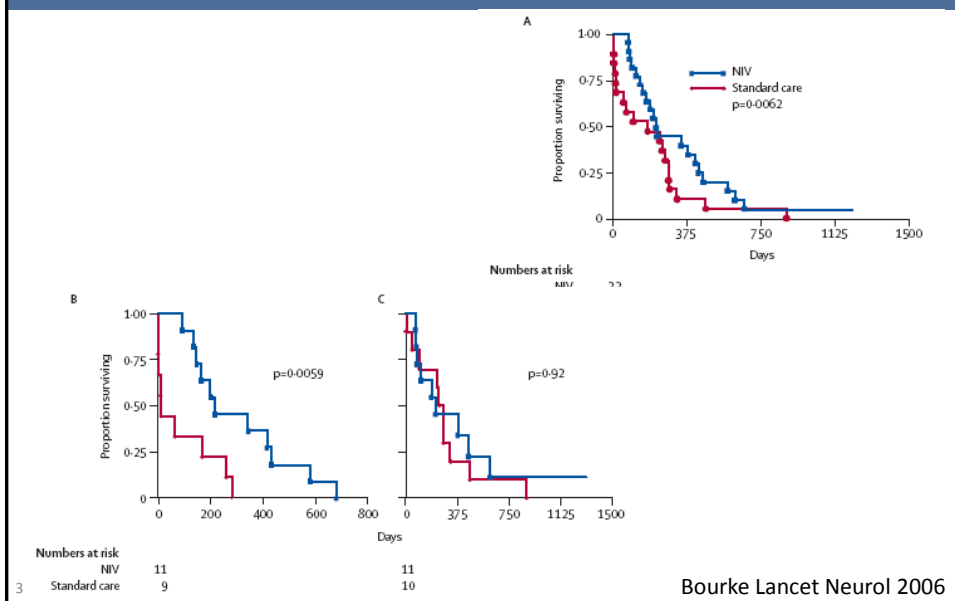
## Sclérose latérale amyotrophique



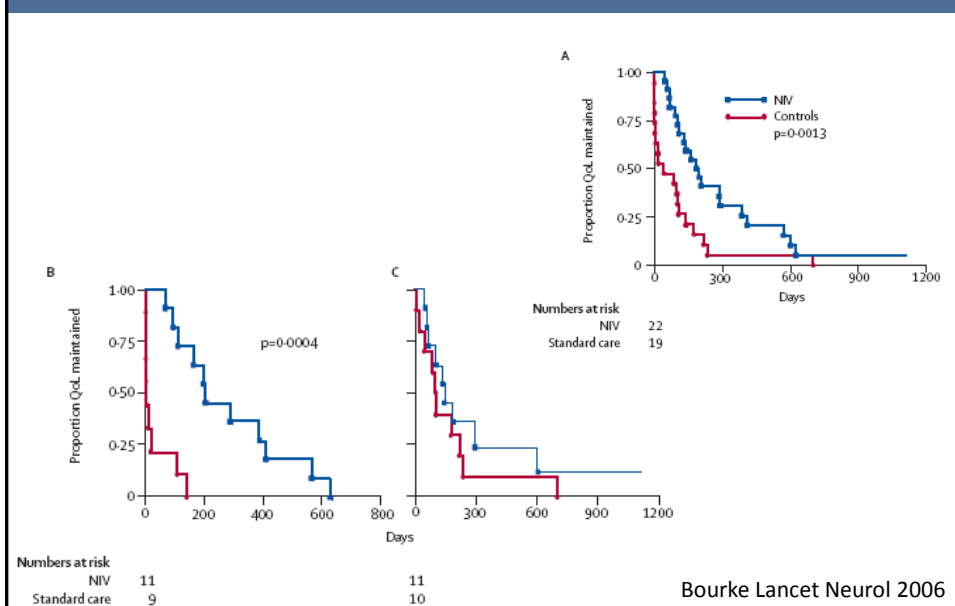
	NIV (n=22)	Standard care (n=19)
Age (years)	63.7 (10.3)	63.0 (8.1)
Sex (male)	14 (64%)	10 (53%)
Disease duration* (years)	1.9 (1.3)	2.0 (1.1)
Riluzole	19 (86%)	17 (89%)
Bulbar score	3.4 (1.7)	3.3 (1.8)
Vital capacity (% predicted)	55.6% (18.7)	48.8% (20.7)
P <sub>max</sub> (% predicted)	31.1% (11.0)	31.0% (10.6)
SNIP (% predicted)	22.6% (11.4)	24.4% (10.8)
PaO <sub>2</sub> (kPa)	10.0 (1.8)	10.2 (1.9)
PaCO <sub>2</sub> (mm Hg)	6.1 (1.1)	6.4 (1.2)
LEP	0.34 (0.23)	0.36 (0.31)
Body-mass index	21.6 (3.6)	21.5 (3.1)
Mean sleep SaO <sub>2</sub>	92.7% (4.0)	91.6% (7.6)
% sleep SaO <sub>2</sub> <90%	27.2% (40.0)	22.9% (36.9)
Total sleep time (min)	201 (114)	273 (116)
REM sleep	5.3% (6.5)	11.9% (9.3)



## Sclérose latérale amyotrophique : Survie



## Sclérose latérale amyotrophique : qualité de vie



**INDICATIONS DE VNI:**  
Maladies Neuro- $\mu$ r et Déformations Thoraco-vertébrales

**1• Signes d'hypoventilation nocturne**  
et un critère physiologique suivant:

**2• Critères physiologiques**

a) PaCO<sub>2</sub> > 45 mm Hg

b) SpO<sub>2</sub> < 88% pdt 5 minutes consécutives (~10% de l'enregistrement)

*Consensus SLA. Rev Neurol 2006; 162 : 4S320*

**3. Dans le cas des MNM rapidement évolutives:**

- . CV < 50% pred.

ou

- . SNIP ou PI max < 60% pred.

ou

- . SpO<sub>2</sub> < 90% pdt 5% de l'enregistrement nocturne

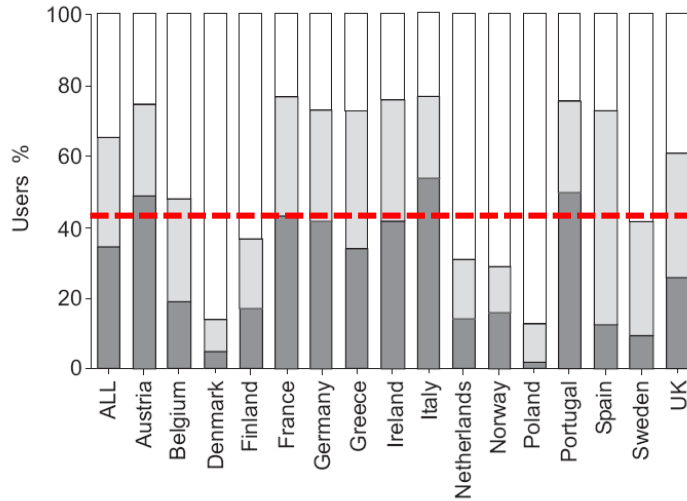
*Consensus Conference Chest 1999; 116 : 521 et Consensus SLA, Rev Neurol 2006; 162: 4S320*

• **Symptômes fonctionnels**

- . Orthopnée,
- . Céphalées matinales
- . Hypersomnolence diurne
- . Sommeil fragmenté
- . Fatigue matinale
- . Nycturie
- . Syndrome dépressif

Ventilation non invasive au long cours  
chez les BPCO....

## Grande hétérogénéité utilisation en Europe Pratiquement pas utilisée aux Etats-Unis !

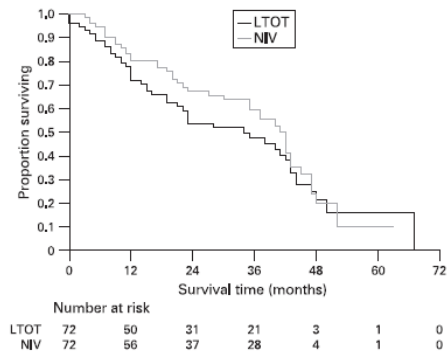
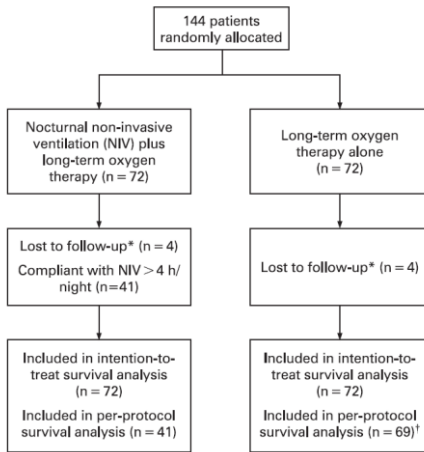


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Lloyd-Owen et al. Eur Respir J 2005

### Nocturnal non-invasive nasal ventilation in stable hypercapnic COPD: a randomised controlled trial

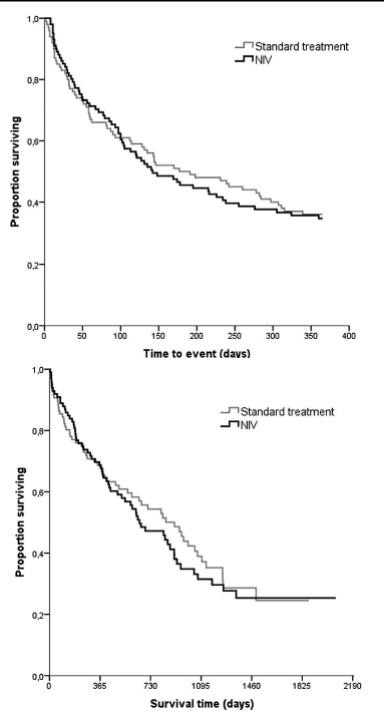
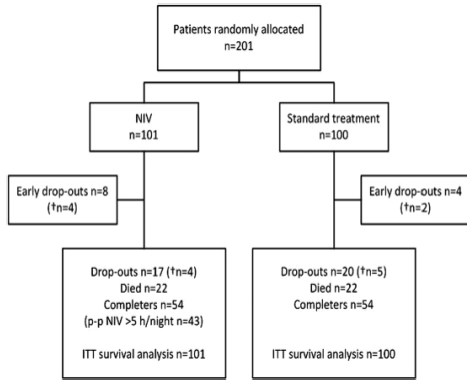
R D McEvoy,<sup>1</sup> R J Pierce,<sup>2</sup> D Hillman,<sup>3</sup> A Esterman,<sup>4</sup> E E Ellis,<sup>5</sup> P G Catcheside,<sup>1</sup>  
F J O'Donoghue,<sup>1,2</sup> D J Barnes,<sup>6</sup> R R Grunstein,<sup>6</sup> on behalf of the Australian trial of non-invasive Ventilation in Chronic Airflow Limitation (AVCAL) Study Group



Thorax 2009

### Nocturnal non-invasive ventilation in COPD patients with prolonged hypercapnia after ventilatory support for acute respiratory failure: a randomised, controlled, parallel-group study

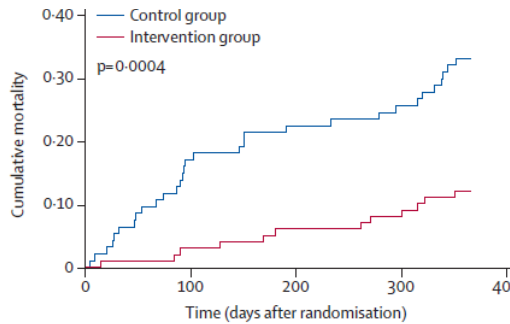
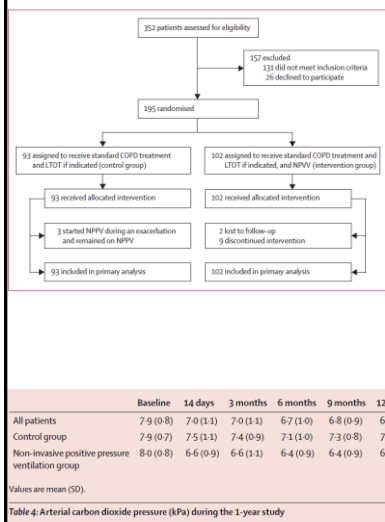
F M Struik,<sup>1,2</sup> R T M Sprooten,<sup>3</sup> H A M Kerstjens,<sup>1,2</sup> G Bladder,<sup>1</sup> M Zijnen,<sup>4</sup> J Asin,<sup>5</sup> N A M Cobben,<sup>3</sup> J M Vonk,<sup>2,6</sup> P J Wijkstra<sup>1,2</sup>



Thorax 2014

### Non-invasive positive pressure ventilation for the treatment of severe stable chronic obstructive pulmonary disease: a prospective, multicentre, randomised, controlled clinical trial

Thomas Kohnein, Wolfram Windisch, Dieter Köhler, Anna Drabik, Jens Geiseler, Sylvia Hartl, Ortud Karg, Gerhard Laier-Groeneveld, Stefano Nava, Bernd Schönhofer, Bernd Schuster, Karl Wegscheider, Carl P Gréé, Tobias Welte



Number at risk

Control group	93	77	72	69
Intervention group	102	95	92	90

	Baseline	14 days	3 months	6 months	9 months	12 months
All patients	7.9 (0.8)	7.0 (1.1)	7.0 (1.1)	6.7 (1.0)	6.8 (0.9)	6.9 (1.1)
Control group	7.9 (0.7)	7.5 (1.1)	7.4 (0.9)	7.1 (1.0)	7.3 (0.8)	7.4 (1.2)
Non-invasive positive pressure ventilation group	8.0 (0.8)	6.6 (0.9)	6.6 (1.1)	6.4 (0.9)	6.4 (0.9)	6.5 (0.9)

Values are mean (SD).

Table 4: Arterial carbon dioxide pressure (kPa) during the 1-year study

Kohnein, Resp Lancet 2014

## Quelle conclusion

	Number of patients		Mean age (years)		FEV <sub>1</sub> litre (% predicted)		BMI (kg/m <sup>2</sup> )		PaCO <sub>2</sub> (kPa)		Settings and compliance, for NIV	Deaths (12 months)	
	NIV	Control	NIV	Control	NIV	Control	NIV	Control	NIV	Control		NIV	Control
Köhnlein et al, 2014 <sup>h</sup>	102	93	62.2	64.4	26%	27%	24.8	24.5	7.8	7.7	I-21.6 (4.7); E-4.8 (1.6); R-16.1 (3.6); C-5.9 (3.1)	11.8%	33%
Struik et al, 2014 <sup>g</sup>	101	100	63.9	63.5	0.67 (26%)	0.65 (26%)	24.6	24.8	7.9	7.7	I-19.2 (3.4); E-4.8 (1.0); R-15 (3); C-6.3 (2.4)	30%	29%
McEvoy et al, 2009 <sup>i</sup>	72	72	68.8	67.2	0.55 (23%)	0.63 (25%)	25.4	25.5	7.25	7.0	I-12.9 (10.9-14.3); E-5.1 (4.8-5.3); R- nit; C-4.5 (3.2)	17%*	22%*
Windisch et al, 2005 <sup>j</sup>	34	--	63.4	--	1.03	--	28.3	--	7.1	--	I-27.7 (5.9); E=0; R-20.8 (2.5); C-not stated	14%†	--
Clini et al, 2002 <sup>k</sup>	43	47	64	66	27%	31%	26	25	6.7	6.6	I-14 (3); E=2 (1); R=8; C=9 (2)§	18%	17%

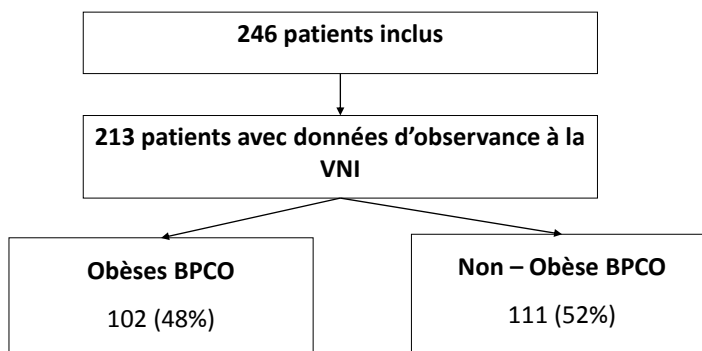
Data are mean (SD or range), unless otherwise indicated. NIV=non-invasive ventilation. FEV<sub>1</sub>=forced expiratory volume in 1 s. BMI=body-mass index. I=inspiratory positive airway pressure cm H<sub>2</sub>O. E=expiratory positive airway pressure cm H<sub>2</sub>O. R=back up rate breaths per minute. C=compliance in h. \*personal communication from D McEvoy. †12-year mortality as published. ‡11-year mortality (personal communication from W Windisch). §Mean daily use in compliant patients.

Table: Summary of key data from long-term studies of domiciliary NIV in COPD

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Elliot, Resp Lancet 2014

## BPCO et BPCO



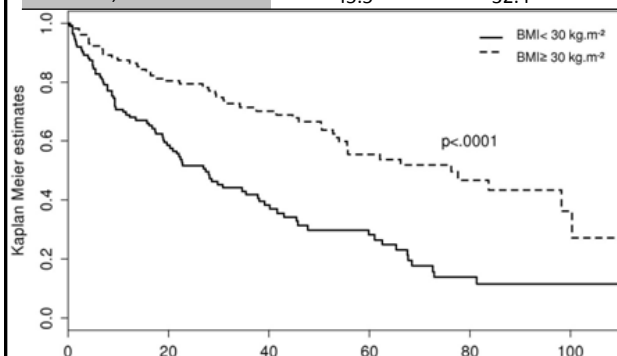
Médiane de suivi = 48 [28 ; 73] months

46 % de décès à la date de censure

Borel, respiology 2014

## Suivi, observance et mortalité

	Ensemble des patients n=213	BPCO Obèse n=102	BPCO non Obèse n=111	p-value
Observance moyenne quotidienne VNI, h/jour	5.9 [3.9 ; 8.3]	6.9 [4.1 ; 8.6]	5.3 [3.2 ; 7.9]	0.007
Suivi médian, mois	47.7 [27.8 ; 73]	55.9 [33.1 ; 77.7]	38.5 [22.6 ; 69.7]	0.002
Mortalité, %	45.5	32.4	57.7	0.0002



Borel, respiology 2014

## INDICATIONS DE VNI: BPCO

Echec de l'Oxygénothérapie Longue Durée

ET

Signes cliniques d'hypoventilation alvéolaire nocturne

ET

PaCO<sub>2</sub> > 55 mmHg

**OU**

Echec de l'Oxygénothérapie Longue Durée

ET

PaCO<sub>2</sub> > 55 mmHg et instabilité traduite par une fréquence élevée des hospitalisations pour décompensation

Recommandations SPLF. Rev Mal Respir 2003

## Mucoviscidose et VNI

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Lung function - chest physiotherapy including directed cough	3		Std. Mean Difference (IV, Fixed, 95% CI)	Subtotals only
1.1 FEV <sub>1</sub>	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	-0.05 [-0.41, 0.31]
1.2 FVC	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	0.02 [-0.35, 0.38]
1.3 FEF <sub>25-75</sub>	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	-0.03 [-0.39, 0.33]
2 Lung function - chest physiotherapy including PEP	3		Std. Mean Difference (IV, Fixed, 95% CI)	Subtotals only
2.1 FEV <sub>1</sub>	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	-0.06 [-0.43, 0.30]
2.2 FVC	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	-0.01 [-0.37, 0.35]
2.3 FEF <sub>25-75</sub>	3	118	Std. Mean Difference (IV, Fixed, 95% CI)	-0.00 [-0.36, 0.36]
3 Respiratory muscle strength (cmH <sub>2</sub> O)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.1 P <sub>imax</sub>	1		Mean Difference (IV, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.2 P <sub>Fimax</sub>	1		Mean Difference (IV, Fixed, 95% CI)	0.0 [0.0, 0.0]
4 Airway resistance % predicted	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
5 Oxygen saturation during airway clearance (%)	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
6 Oxygen saturation during airway clearance (change in SpO <sub>2</sub> % during treatment)	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
7 Oxygen saturation after airway clearance (SpO <sub>2</sub> ) - chest physiotherapy including directed cough	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
8 Oxygen saturation after airway clearance (SpO <sub>2</sub> ) - chest physiotherapy including PEP	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
9 Sputum wet weight (g) - chest physiotherapy including directed cough	3	118	Mean Difference (IV, Fixed, 95% CI)	-0.69 [-3.06, 1.67]
10 Sputum wet weight (g) - chest physiotherapy including PEP	3	118	Mean Difference (IV, Fixed, 95% CI)	-1.54 [-3.96, 0.89]

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Ventilation non invasive au long cours  
Syndrome Obésité Hypoventilation...

## Syndrome Obésité hypoventilation (SOH):

### Faut-il faire évoluer la définition?

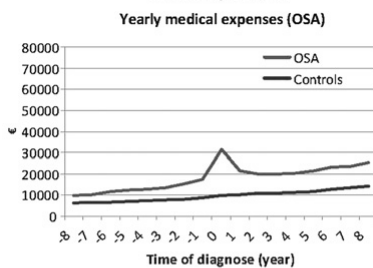
Hart N, Mandal S, Manuel A, Mokhlesi B, Pépin JL, Piper A, Stradling J. Thorax 2013/08/28.

- IMC  $\geq 30$  kg/m<sup>2</sup>
- PaCO<sub>2</sub> diurne > 45mmHg
- sans autre cause d'hypoventilation
- 80 à 90% SAOS

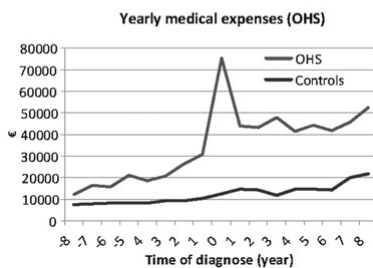
- ou [HCO<sub>3</sub><sup>-</sup>] > 27 mmol/L ou excès de base + 3 mmol/L

« [HCO<sub>3</sub><sup>-</sup>], peut-être vu comme l'HbA1c du CO<sub>2</sub>, en l'absence d'autre facteurs confondants sur l'équilibre acido-basique (alcalose métabolique) »

## SOH est associé à une morbi-mortalité importante et des coûts de santé élevés



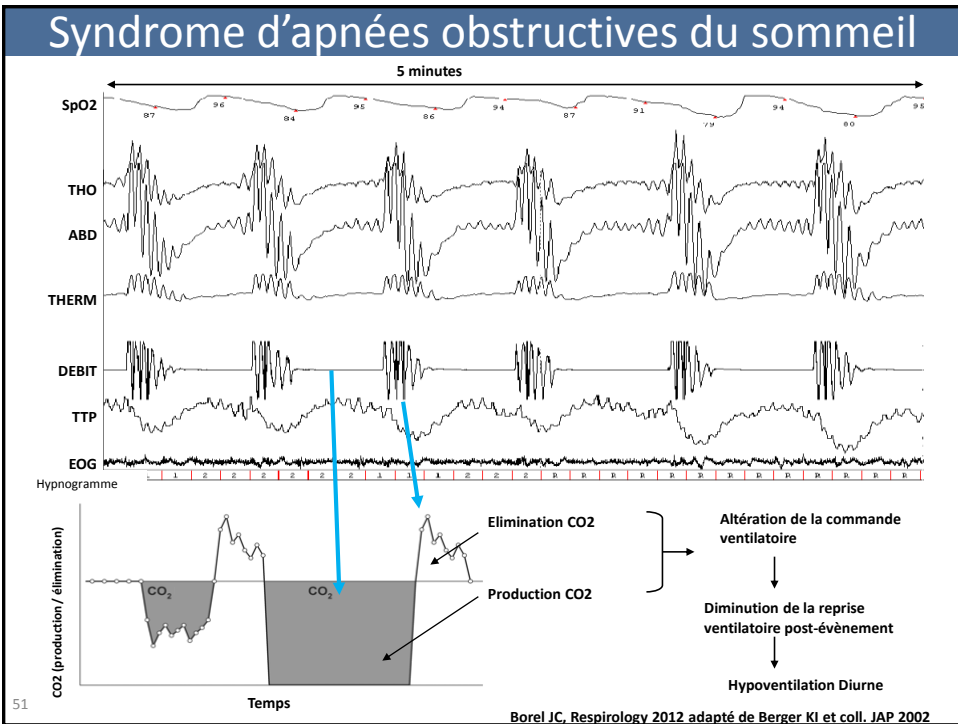
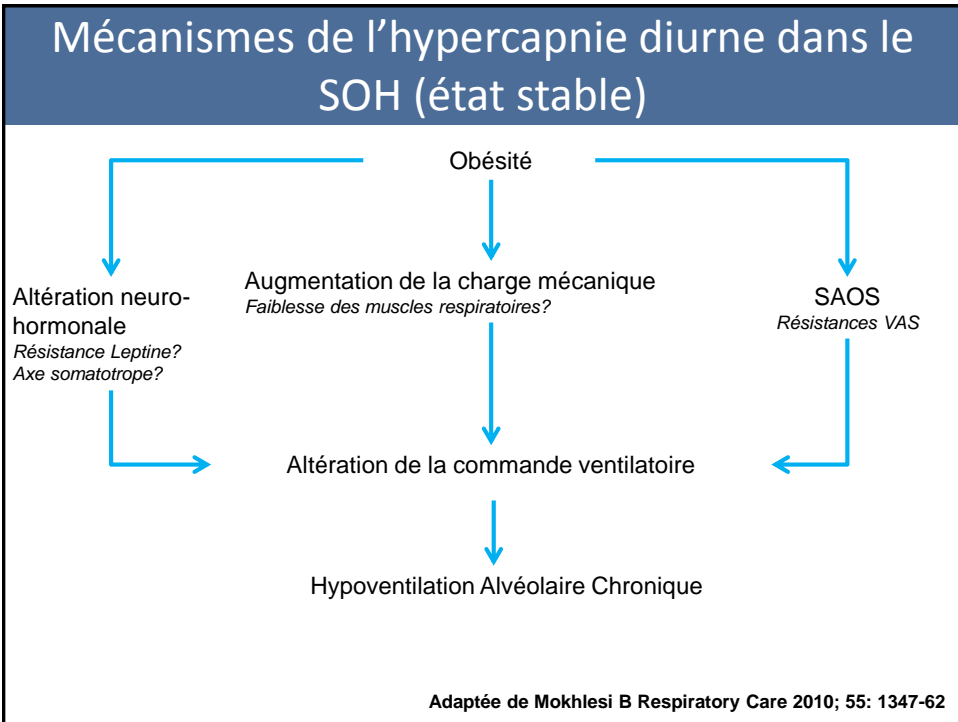
- Mortalité à 2 ans SAS vs contrôles 6.1% vs 4.4%, p<0.0001



- Mortalité à 2 ans OHS vs contrôles: 25.4% vs 6.8%, p<0.001

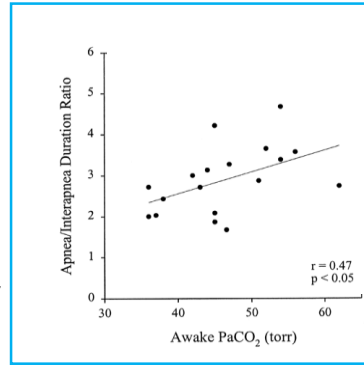
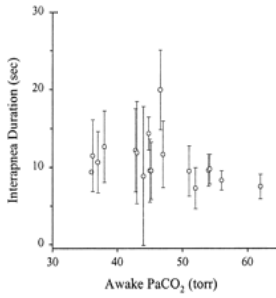
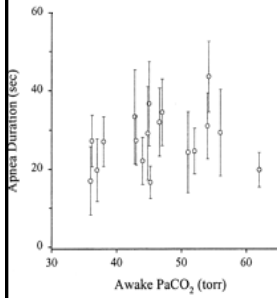
Jennum P et al. Thorax 2011





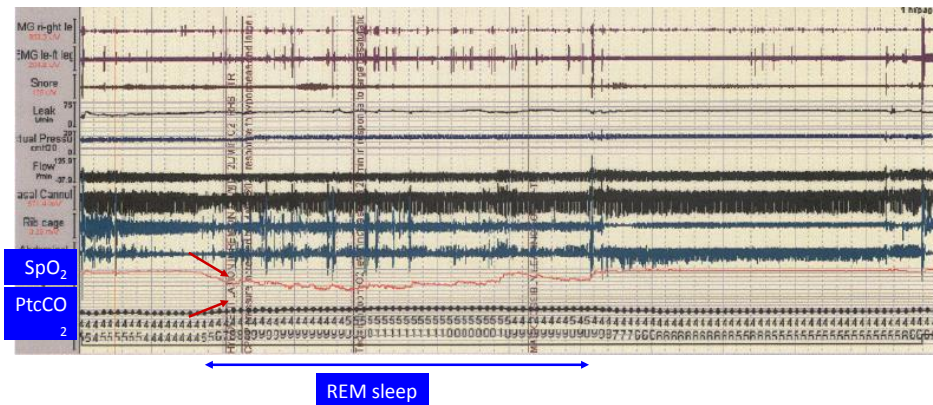
# Hypercapnie diurne associé au SAOS

Rapport (Durée de l'apnée / Durée reprise ventilatoire)



Ayappa I et Coll. AJRCCM 2002

# Réponse incomplète à la PPC au cours du sommeil paradoxal

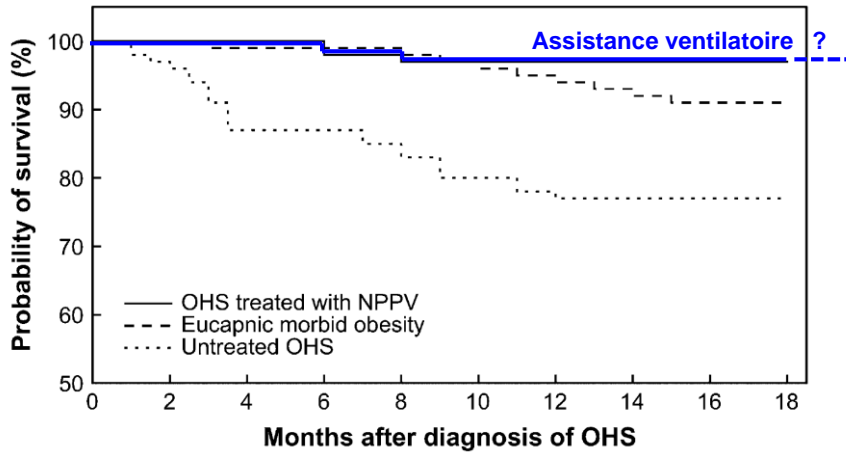


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Crummy, Thorax 2008

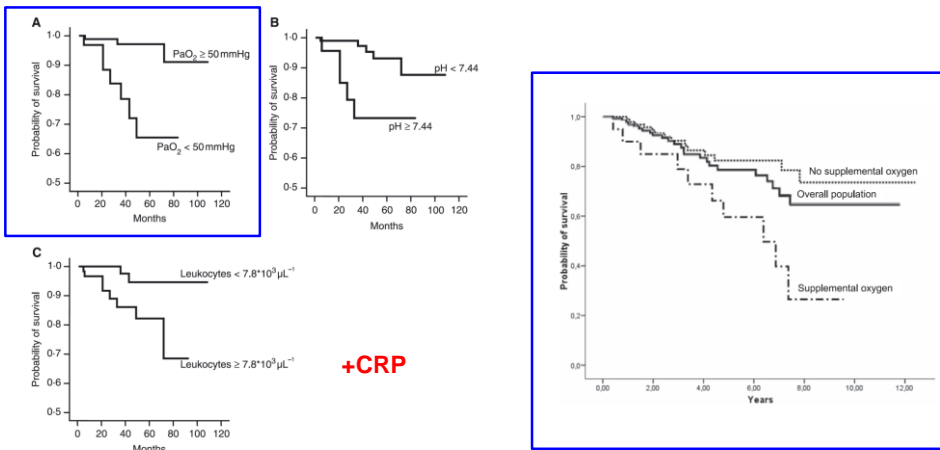


**Assistance ventilatoire non-invasive, traitement de première ligne**



Adapté par B Mokhlesi *Respir Care* 2010 (Nowbar 2004 et Budweiser 2007)

**Impact de la sévérité de l'atteinte respiratoire sur le pronostic**



Budweiser S et al. *J Int Med* 2007

Priou P et al. *CHEST* 2010

