

Tuberculose pulmonaire : quid d'un traitement plus court ?

Loïc KASSEGNE

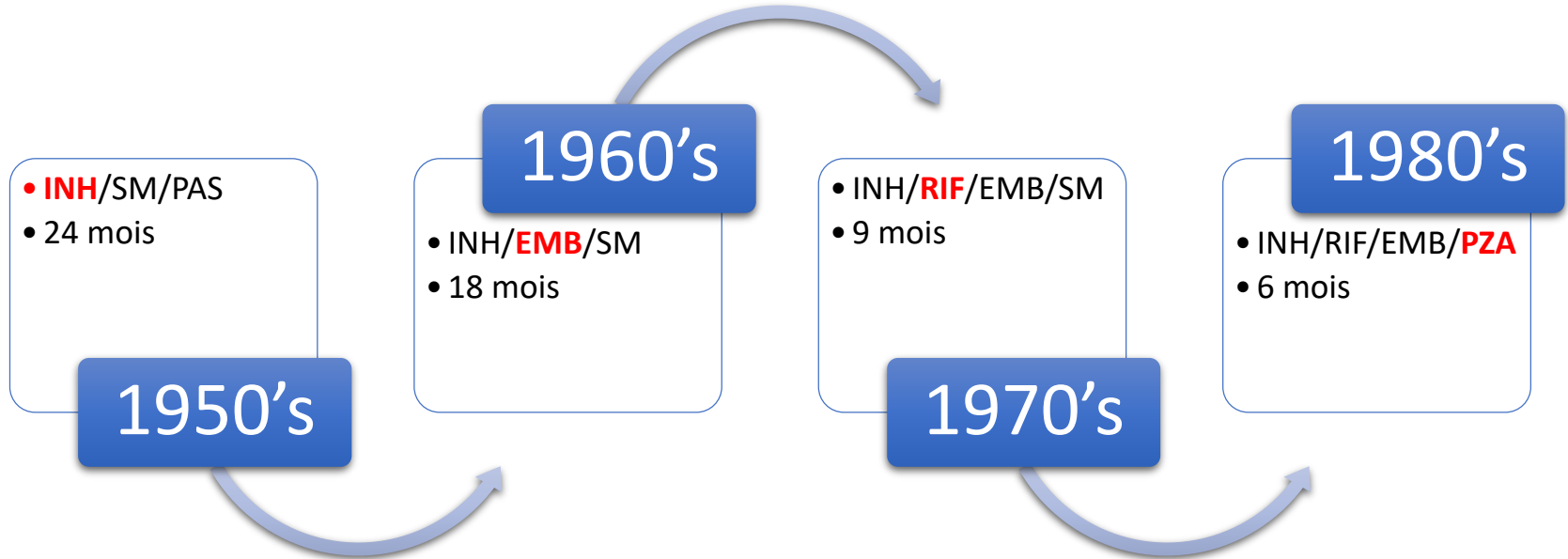
CLAT Alsace Nord

Journées des CLAT – 23 et 24 septembre 2024

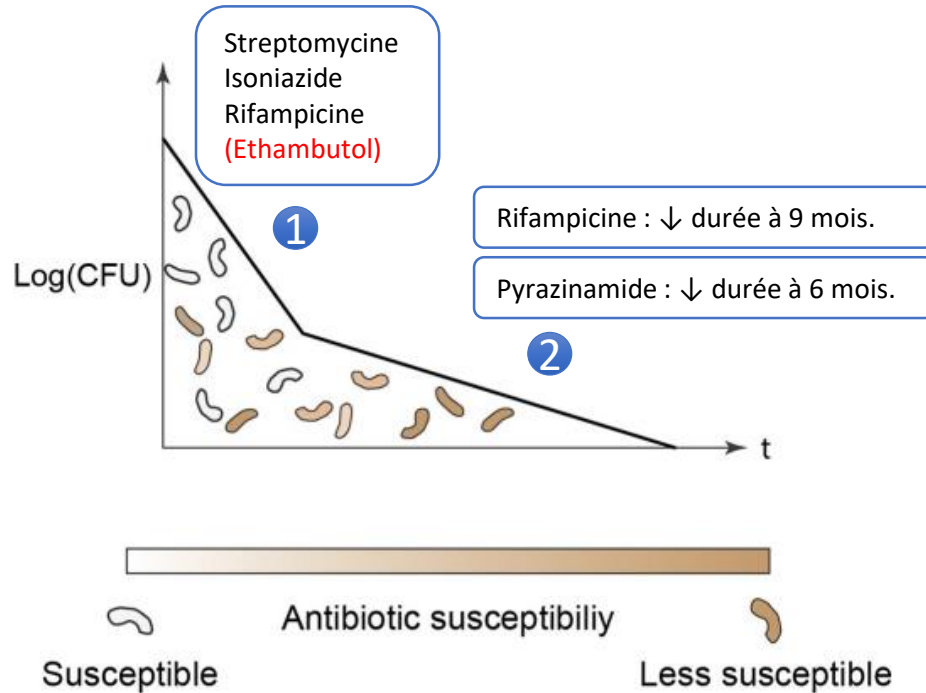
Contexte

	MOLECULES	POSOLOGIE	DUREE
ATTAQUE	ISONIAZIDE RIFAMPICINE PYRAZINAMIDE ETHAMBUTOL	4-6 mg/kg 8-12 mg/kg 25-30 mg/kg 15-20 mg/kg	2 mois
ENTRETIEN	ISONIAZIDE RIFAMPICINE	4-6 mg/kg 8-12 mg/kg	4 mois

Contexte



Evolution sous traitement



Phase 1:

- Bactéries à haut métabolisme.
- Risque : résistance.
- Anti-tuberculeux bactéricides.

Phase 2:

- Bactéries à faible/très faible métabolisme.
- Risque : rechute à bacilles sensibles.
- Anti-tuberculeux stérilisateurs.

Contexte

- Augmentation des cas de tuberculose à la fin des années 80¹.
- Explosion du nombre de tuberculoses à bacilles multirésistants avec traitement moins efficace, mal toléré et très long².
- Nécessité de nouvelles molécules.

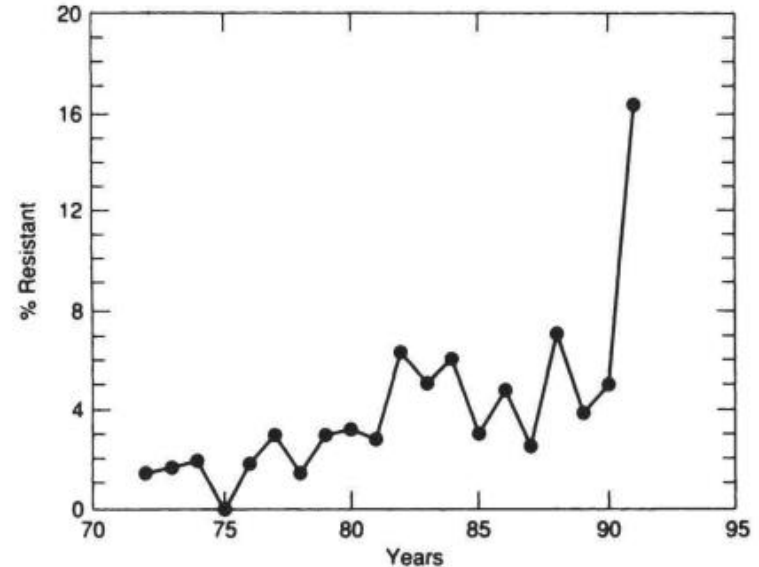
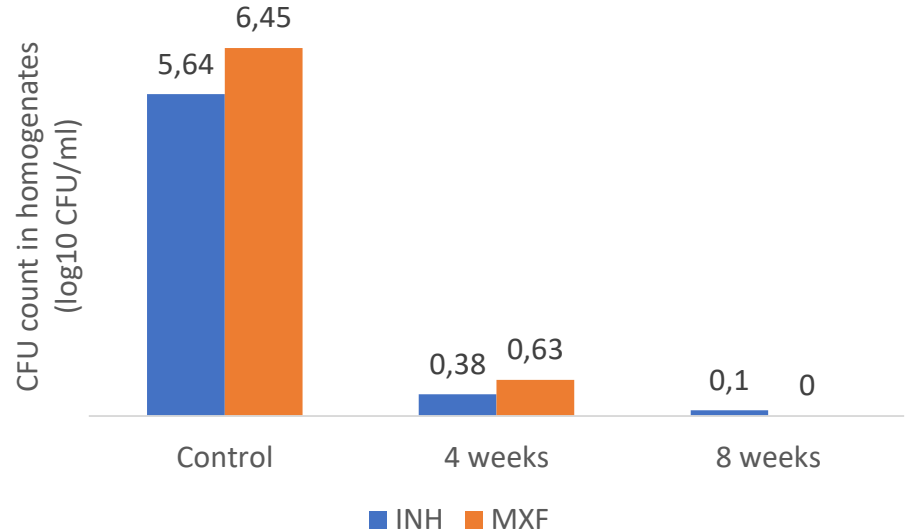


FIGURE 1. Combined isoniazid and rifampin resistance.

Fluoroquinolones

- Très efficace *in vitro* et *in vivo*¹.
- Molécule orale.
- Meilleure tolérance que les antibiotiques de seconde ligne.
- Amélioration du pronostic des tuberculoses MDR².



Miyazaki E et al, AAC, 1999

Aung K et al, Int J Tuberc Lung Dis, 2014

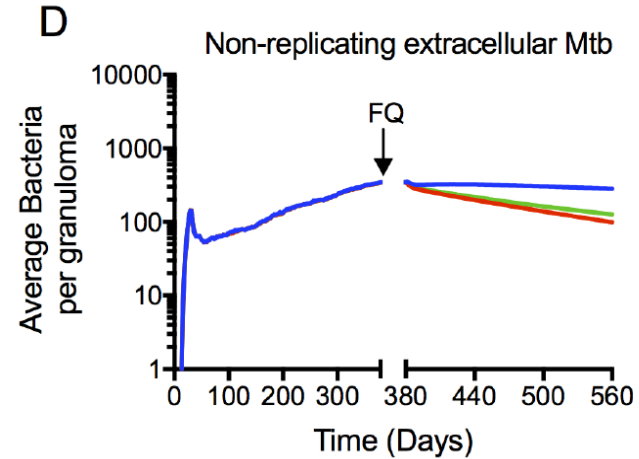
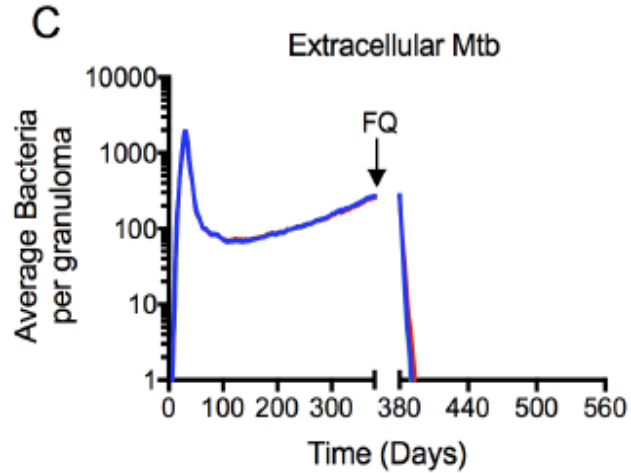
Fluoroquinolones: des résultats décevants.

Etude	Nombre	Caractéristique	Intervention	Culture positive à 2 mois	Rechute à 18-24 mois
Gillespie et al, NEJM, 2014	1931	71% cavité 7% VIH	4 RHZM 4 RZEM 2RHZE, 4RH	Bras 1 et 2 : 11,5% Bras contrôle: 12,8% RR 0,89 95% CI [0,69-1,16]	15% (RHZM) 20% (RZEM) Contrôle 8%
Jindani et al, NEJM, 2014	827	65% cavité 27% VIH	2 RMZE, 2RPTM 2 RMZE, 4RPTM 2 RHZE, 4RH		18,2% 3,2% 4,9%
Merle C et al, NEJM, 2014	1836	49,8-52,1% cavité 0% VIH	4 RHZG 6 RHZE	14% 16,5%	14,6% 7,1%

Fluoroquinolones

Les fluoroquinolones:

- Très bactéricide.
- Peu stérilisateur.



Fortes doses de rifampicine

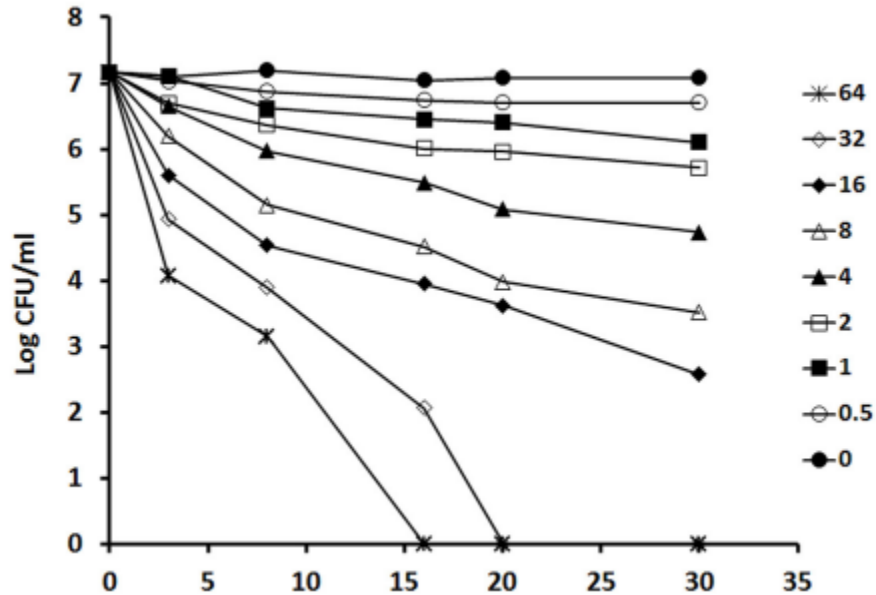


TABLE 4 | Organ CFU counts after 8 weeks of steroid treatment.

Positive culture from	R10HZ	R50HZ
Spleen only	11	0
Lung only	5	0
Both organs	5	0
Neither organs*	3	28
Total	24	28
Relapse (%)	87.5	0

*R10HZ, Rifampicin 10 mg/kg, Isoniazid 25 mg/kg, Pyrazinamide 150 mg/kg for 14 weeks; R50HZ, Rifampicin 50 mg/kg, Isoniazid 25 mg/kg, Pyrazinamide 150 mg/kg for 14 weeks. *Plate and broth count negative.*

Rifapentine

- Synthèse en 1965
- Aussi (voir plus) efficace que la rifampicine vis-à-vis des bacilles quiescents¹.
- Pharmacocinétique plus favorable².
- Bonne tolérance jusqu'à 20 mg/kg³.

	Rifampicine (600 mg)	Rifapentine (600mg)	Rifapentine (1200 mg)
C_{max}	10-12 mg/l	18-20 mg/l	28-30 mg/l
t_{1/2}	3-4 h	13-16h	
Liaison protéique	80%	> 95%	

1 Sarathy J et al, Antimicrob Agents Chemother, 2017

2 Weiner M et al, AJRCCM, 2004

3 Dooley KA et al, Clin Pharmacol Ther, 2012

Four-Month Rifapentine Regimens with or without Moxifloxacin for Tuberculosis

S.E. Dorman, P. Nahid, E.V. Kurbatova, P.P.J. Phillips, K. Bryant, K.E. Dooley, M. Engle, S.V. Goldberg, H.T.T. Phan, J. Hakim, J.L. Johnson, M. Lourens, N.A. Martinson, G. Muzanyi, K. Narunsky, S. Nerette, N.V. Nguyen, T.H. Pham, S. Pierre, A.E. Purfield, W. Samaneka, R.M. Savic, I. Sanne, N.A. Scott, J. Shenje, E. Sizemore, A. Vernon, Z. Waja, M. Weiner, S. Swindells, and R.E. Chaisson, for the AIDS Clinical Trials Group and the Tuberculosis Trials Consortium

- 2343 DS-TB pulmonaire ≥ 12 ans ,
- 26% Caverne
- 8% VIH
- 26% Examen direct très positif

	Contrôle	Rifapentine	
		R1	R2
Attaque : 2 mois	Isoniazide Rifampicine Ethambutol Pyrazinamide	Isoniazide Rifapentine Ethambutol Pyrazinamide	Isoniazide Rifapentine Moxifloxacin Pyrazinamide
Entretien : 2 à 4 mois	Isoniazide Rifampicine	Isoniazide Rifapentine	Isoniazide Rifapentine Moxifloxacin
Durée totale	6 mois	4 mois	4 mois

Outcome	Microbiologically Eligible Population				Assessable Population			
	Control (N = 768)	Rifapentine– Moxifloxacin (N = 791)	Rifapentine (N = 784)	Total (N = 2343)	Control (N = 726)	Rifapentine– Moxifloxacin (N = 756)	Rifapentine (N = 752)	Total (N = 2234)
Favorable								
Participants with outcome — no. (%)	656 (85.4)	668 (84.5)	645 (82.3)	1969 (84.0)	656 (90.4)	668 (88.4)	645 (85.8)	1969 (88.1)
Adjusted difference from control — percentage points (95% CI)	NA	1.0 (–2.6 to 4.5)	3.0 (–0.6 to 6.6)	NA	NA	2.0 (–1.1 to 5.1)	4.4 (1.2 to 7.7)	NA
Participant had negative culture at month 12 — no. (%)	643 (83.7)	656 (82.9)	636 (81.1)	1935 (82.6)	643 (88.6)	656 (86.8)	636 (84.6)	1935 (86.6)
Participant was seen at month 12 but no sputum was produced or cultures were contaminated but without evidence of <i>M. tuberculosis</i> — no. (%)	13 (1.7)	12 (1.5)	9 (1.1)	34 (1.5)	13 (1.8)	12 (1.6)	9 (1.2)	34 (1.5)
Unfavorable								
Participants with outcome — no. (%)	112 (14.6)	123 (15.5)	139 (17.7)	374 (16.0)	70 (9.6)	88 (11.6)	107 (14.2)	265 (11.9)
Outcome related to tuberculosis — no. (%)	24 (3.1)	45 (5.7)	75 (9.6)	144 (6.1)	24 (3.3)	45 (6.0)	75 (10.0)	144 (6.4)
Two consecutive positive cultures at or after week 17†	11 (1.4)	34 (4.3)	63 (8.0)	108 (4.6)	11 (1.5)	34 (4.5)	63 (8.4)	108 (4.8)
Participant not seen at month 12 but had positive culture when last seen	11 (1.4)	3 (0.4)	4 (0.5)	18 (0.8)	11 (1.5)	3 (0.4)	4 (0.5)	18 (0.8)
Clinical diagnosis of tuberculosis recurrence and treatment restarted	2 (0.3)	8 (1.0)	8 (1.0)	18 (0.8)	2 (0.3)	8 (1.1)	8 (1.1)	18 (0.8)

Recommendations

Recommendation 6.

People aged 12 years or older with drug-susceptible pulmonary TB, may receive a 4-month regimen of isoniazid, rifapentine, moxifloxacin and pyrazinamide⁸ (conditional recommendation, moderate certainty of evidence) – new recommendation.

Fortes doses de rifampicine

- Posologies in vivo (modèles murins) nécessaires ≥ 30 mg/kg/jour¹.
- Pas plus d'effets secondaires pour des posologies jusqu'à 50 mg/kg/jour^{2,3}.
- Pas de non infériorité démontrée statistiquement⁴.

SR1 : R₁₂₀₀HZE } 4 mois
 SR2 : R₁₈₀₀HZE }
 Control: R₆₀₀HZE 6 mois

Table 2. Primary and Key Secondary Outcome Analyses

	Control (N=187)	Study regimen 1 (N=186)	Study regimen 2 (N=186)
mITT-M primary analysis assessable outcomes			
Favorable			
Participants with outcome - n (%)	174 (93.0)	167 (89.8)	161 (86.6)
Unfavorable			
Participants with outcome - n (%)	13 (7.0)	19 (10.2)	25 (13.4)
Adjusted risk difference to control (95% CI)		3.1 (-1.6 to 7.9)	6.3 (1.1 to 11.5)
Death during the treatment phase	3 (1.6)	4 (2.2)	0
Post-treatment death, TB a plausible cause	0	1 (0.5)	0
Lost to follow-up during the treatment phase	2 (1.1)	0	1 (0.5)
Withdrew from the trial during the treatment phase ¹	3 (1.6)	2 (1.1)	5 (2.7)
Change in treatment due to adverse event ²	1 (0.5)	2 (1.1)	7 (3.8)
Two consecutive positive cultures after completing treatment	2 (1.1)	9 (4.8)	9 (4.8)
Retreated for TB due to clinical signs and symptoms without two consecutive positive cultures	2 (1.1)	1 (0.5)	3 (1.6)

1 Liu Y et al, J Antimicrob Chemother, 2018;

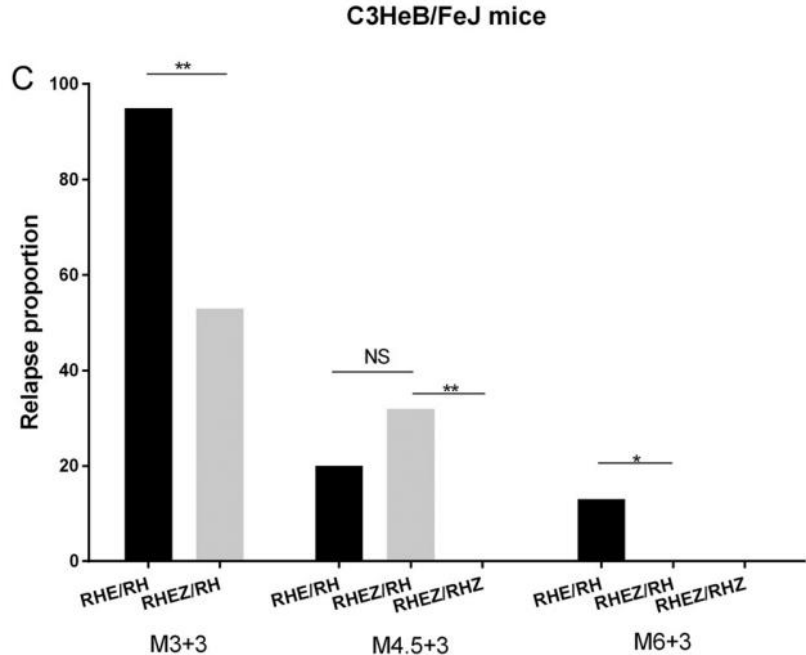
2 Boeree M et al, AJRCCM, 2015;

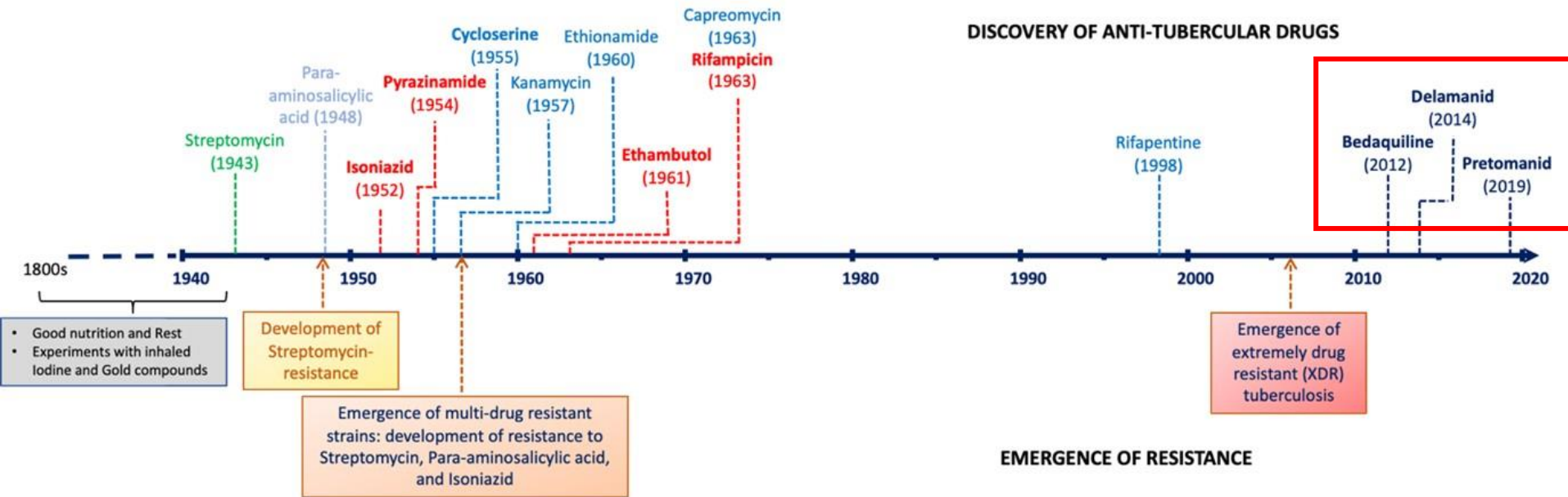
3 Te Brake L et al, Eur Respir J, 2021

4 Jindani A et al, New Eng J Med, 2023

Prolonger le Pyrazinamide

- Arrêt du PZA après 2 mois car aucun gain sur le taux de rechute¹.
- Baisse du risque de rechute en prolongeant le PZA en modèle murin².

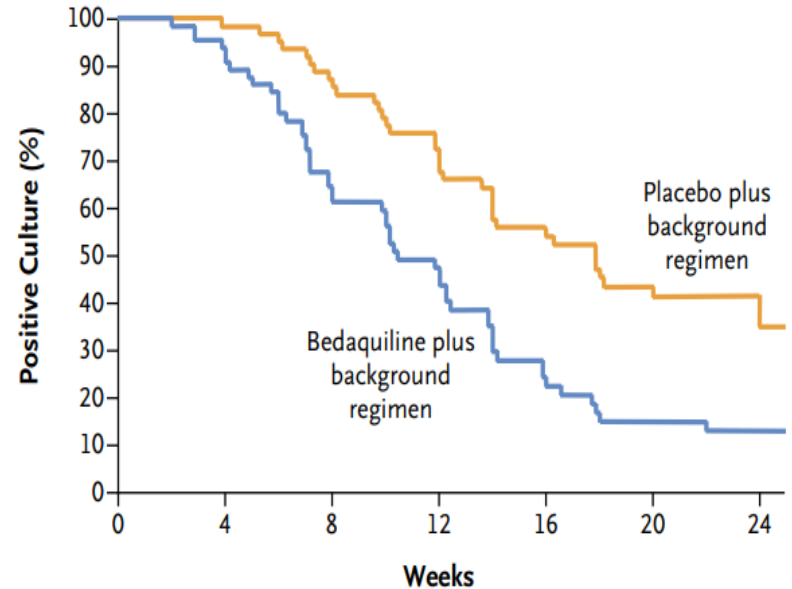




Bédaquiline

- Famille des diarylquinolines¹
- Molécule clé dans le schéma MDR².
- Possible baisse de la durée de traitement quand associée au traitement standard, modèle murin³

Time to Culture Conversion



1-Andries K et al, Science, Jan 2005

2-Diacon A et al, New Eng J Med, Aug 2014

3-Ibrahim M et al, AJRCCM, 2009

Bédaquiline & Rifampicine

93% des cas ont eu un traitement de 2 mois⁴.

- Famille des diarylquinolines¹
- Molécule clé dans le schéma MDR².
- 5,8% d'issue défavorable quand associé à la rifampicine forte dose et linézolide⁴.

	Traitement standard (n=181)	Rifampicine et Linézolide (n=184)	Rifampicine, Bédaquiline-Linézolide (n=189)
Schéma	Isoniazide Rifampicine ₁₀ Pyrazinamide Ethambutol	Isoniazide Rifampicine ₂₀₋₃₅ Pyrazinamide Ethambutol Linézolide	Isoniazide Rifampicine ₂₀₋₃₅ Pyrazinamide Ethambutol Bédaquiline Linézolide
Durée	6 mois	≥ 2 mois	≥ 2 mois
Critère composite*	7 (3,9%)	21 (11,4%)	11 (5,8%)

*Critère composite : mort, traitement en cours ou maladie active à 2 ans.

1-Andries K et al, Science, Jan 2005

2-Diacon A et al, New Eng J Med, Aug 2014

3-Ibrahim M et al, AJRCCM, 2009

4-Paton N et al, New Eng J Med, 2023

Prétomanide

- Antibiotique de la famille des nitroimidazolés.
- Efficace sur les bacilles fortement métaboliques (modestement) et sur les bacilles quiescents.
- Inclus dans le schéma oral 6 mois des tuberculoses \geq MDR^{1,2} (BPaLM).

Table 2. Primary Efficacy Analysis at 72 Weeks.

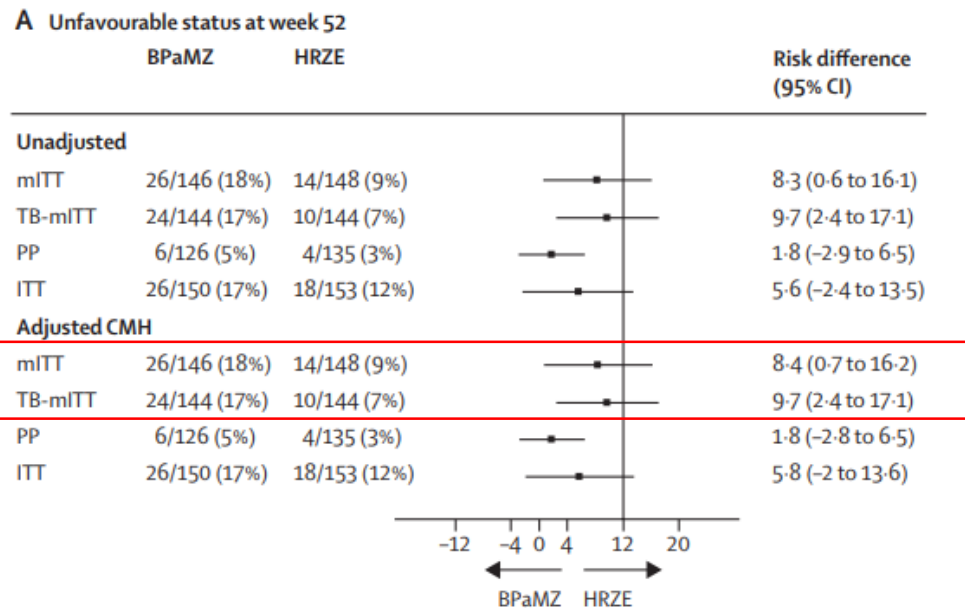
Variable	Intention-to-Treat Population		Modified Intention-to-Treat Population	
	Standard-Care Group (N=73)	BPaLM Group (N=72)	Standard-Care Group (N=66)	BPaLM Group (N=62)
Favorable outcome — no. (%)	34 (47)	55 (76)	34 (52)	55 (89)
Primary outcome: unfavorable status — no. (%)	39 (53)	17 (24)	32 (48)	7 (11)
Death — no. (%)	2 (3)	0	2 (3)	0
Early discontinuation — no. (%)	35 (48)	15 (21)	28 (42)	5 (8)
Adherence issues — no./total no. (%)	3/35 (9)	0	3/28 (11)	0
Adverse event — no./total no. (%)	17/35 (49)	5/15 (33)	17/28 (61)	5/5 (100)
Did not meet inclusion or exclusion criteria, detected after first dose — no./total no. (%)	7/35 (20)	10/15 (67)	0	0
Withdrew consent while still receiving treatment — no./total no. (%)	6/35 (17)	0	6/28 (21)	0
Other reason — no./total no. (%) [†]	2/35 (6)	0	2/28 (7)	0
Treatment failure — no.	0	0	0	0
Lost to follow-up at 72 wk — no. (%)	2 (3)	2 (3)	2 (3)	2 (3)
Recurrence — no.	0	0	0	0
Risk difference for the primary outcome — percentage points (96.6% CI) [‡]	—	-30 (-46 to -14)	—	-37 (-53 to -22)

Nyang'wa B et al, New Eng J Med, Dec 2022

World Health Organ, WHO consolidated guidelines on tuberculosis. Module 4: treatment—drug-resistant tuberculosis treatment, 2022 update

Bédaquiline & Prétomanide

- Etude contrôlée randomisée, 303 TB sensible.
- BPZM 4 mois vs RHZE 6 mois.
- Taux d'issue défavorable après 52 semaines : échec, rechute ou arrêt de traitement.
- **Absence de non-infériorité (marge de 12%).**



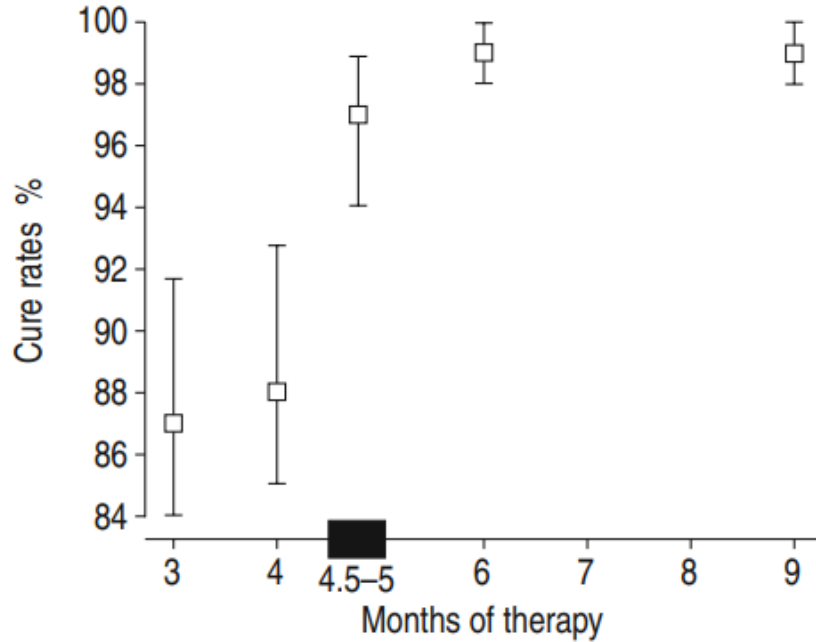
B: Bedaquiline, P: pretomanide; Z: pyrazinamide; M: moxifloxacin

Bédaquiline & Prétomanide

- RCT, 303 DS-TB
- BPZM 4 mois vs RHZE 6 mois.
- Taux d'issue défavorable après 52 semaines : échec, rechute ou arrêt de traitement.
- **Plus d'arrêt de traitement : plus d'effets secondaires++ hépatiques.**

	DS-TB		
	2HRZE/4HR (N=153)	4BPamZ (N=150)	Total (N=303)
Screen Failures	-	-	-
Received at least one dose of treatment (Safety)	153	150	303
Discontinued treatment (% of enrolled) [†]	11 (7.2%)	21 (14.0%)	32 (10.6%)
Completed treatment	142 (92.8%)	129 (86.0%)	271 (89.4%)
Discontinued follow-up (% of enrolled) [†]	8 (5.2%)	8 (5.3%)	16 (5.3%)
Completed follow-up	134 (87.6%)	121 (80.7%)	255 (84.2%)
Completion or discontinuation of treatment*			

Paucibacillarité



SPUTUM-SMEAR-NEGATIVE PULMONARY TUBERCULOSIS

CONTROLLED TRIAL OF 3-MONTH AND 2-MONTH REGIMENS OF CHEMOTHERAPY

First Report

*Hong Kong Chest Service, Tuberculosis Research Centre,
Madras, India, and British Medical Research Council*

- 1072 imageries évocatrices de TB
ED négatif, 64% culture négative.
- RHZS 2 ou 3 mois vs SPH/S2H2
12 mois.

	Culture pré-thérapeutique	
	Négative	Positive
RHZ 2 mois	1% (2/175)	16% (12/73)
RHZ 3 mois	1% (3/168)	7% (5/74)

R: rifampicine; H: isoniazide; Z: pyrazinamide; S: streptomycine; P: PAS

A Controlled Trial of 3-Month, 4-Month, and 6-Month Regimens of Chemotherapy for Sputum-smear-negative Pulmonary Tuberculosis

Results at 5 Years^{1,2}

Culture positive (n=459):

- RHZS tous les jours pendant 4 mois.
- 2% d'excavation
- **3% de rechute à 5 ans.**

Culture négative (n=1034):

- RHZS tous les jours pendant 3 mois.
- 1% d'excavation
- **6% de rechute à 5 ans.**

Recommendation

Culture-Negative Pulmonary Tuberculosis in Adults

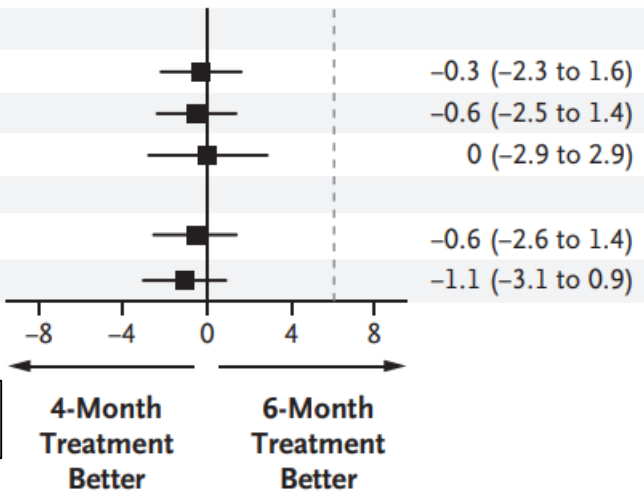
PICO Question 9: Does a shorter duration of treatment have similar outcomes compared to the standard 6-month treatment duration among HIV-uninfected patients with paucibacillary tuberculosis (ie, smear negative, culture negative)?

Recommendation 9: We suggest that a 4-month treatment regimen is adequate for treatment of HIV-uninfected adult patients with AFB smear- and culture-negative pulmonary tuberculosis (*conditional recommendation; very low certainty in the evidence*).

Tuberculose « paucibacillaire » de l'enfant

2016-2018
RHZE 4 mois vs 6 mois
1204 enfants
7% culture positive

	No. of Patients	4-Month Treatment <i>no. of participants with event/total no. (%)</i>	6-Month Treatment <i>no. of participants with event/total no. (%)</i>	Risk Difference (95% CI) <i>percentage points</i>
Primary outcome				
Modified intention-to-treat population	1145	16/572 (3)	18/573 (3)	-0.3 (-2.3 to 1.6)
Per-protocol population	1121	14/563 (2)	17/558 (3)	-0.6 (-2.5 to 1.4)
Intention-to-treat population	1204	44/602 (7)	44/602 (7)	0 (-2.9 to 2.9)
Key secondary outcome				
Modified intention-to-treat population	910	10/450 (2)	13/460 (3)	-0.6 (-2.6 to 1.4)
Per-protocol population	895	8/445 (2)	13/450 (3)	-1.1 (-3.1 to 0.9)



Primary outcome : unfavorable status (échec, rechute) by 72 weeks.

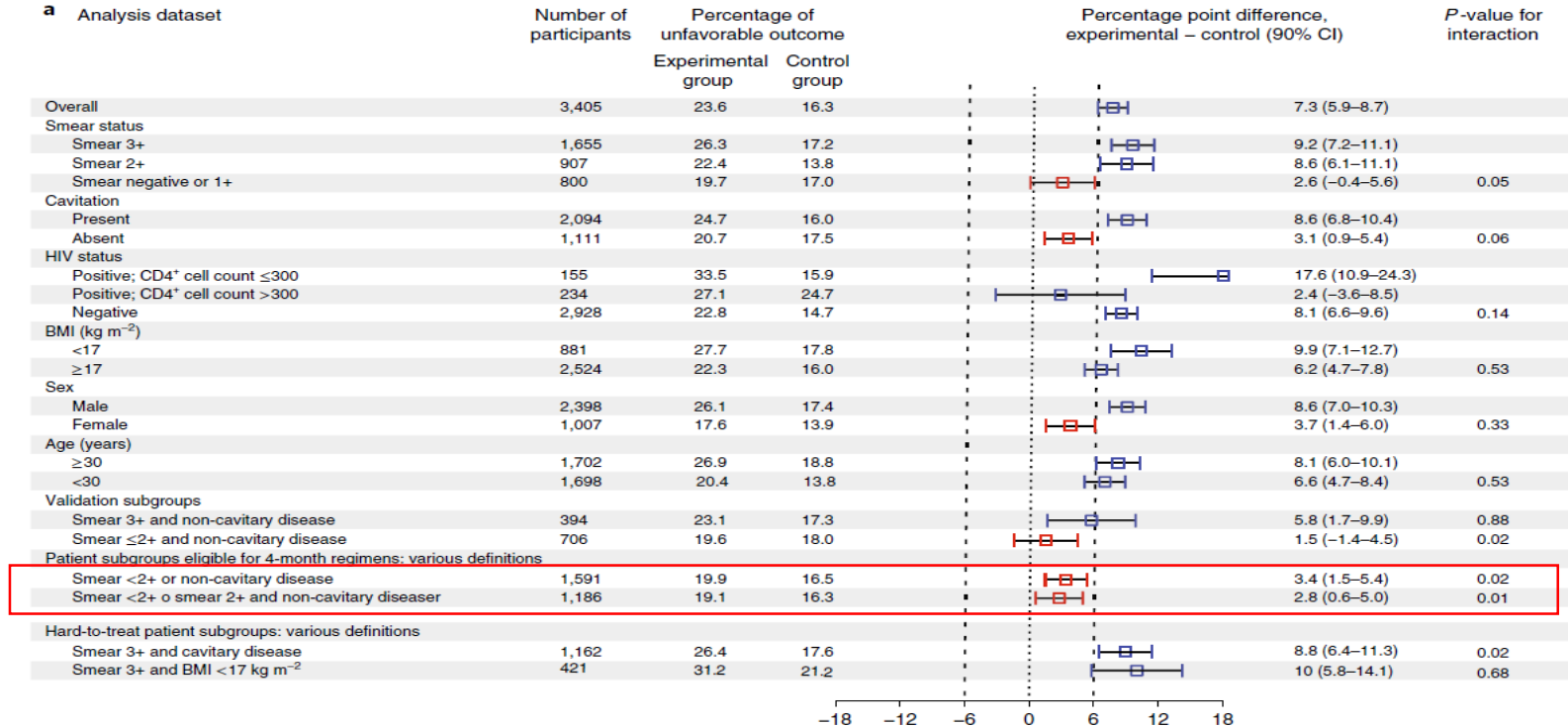
Tuberculose paucibacillaire : examen direct négatif, un seul lobe atteint, pas de cavité, pas de miliaire, pas d'épanchement pleural, pas d'adénopathie, pas d'atteinte bronchique.

Recommendations

Recommendation 7.

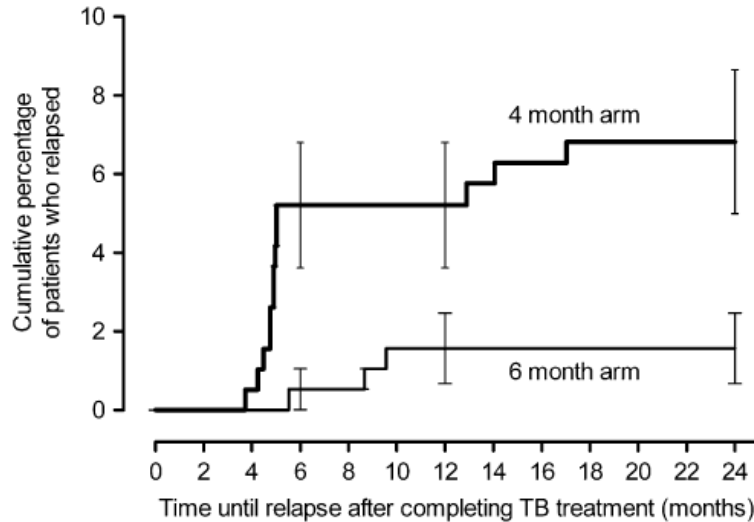
In children and adolescents between 3 months and 16 years of age with non-severe TB (without suspicion or evidence of MDR/RR-TB), a 4-month treatment regimen (2HRZ(E)/2HR) should be used (strong recommendation, moderate certainty of evidence) – new recommendation.

Schéma 4 mois fluoroquinolones: sous-groupes



Shortening Treatment in Adults with Noncavitary Tuberculosis and 2-Month Culture Conversion

John L. Johnson¹, David Jamil Hadad², Reynaldo Dietze², Ethel Leonor Noia Maciel², Barrett Sewali³, Phineas Gitta³, Alphonse Okwera^{3,4}, Roy D. Mugerwa³, Mary Rose Alcaneses⁵, Maria Imelda Quelapio⁵, Thelma E. Tupasi⁵, Libby Horter¹, Sara M. Debanne⁶, Kathleen D. Eisenach⁷, and W. Henry Boom¹



Number at Risk

6 Month Arm	193	193	191	190		187		184		182
4 Month Arm	193	193	192	181		178		174		173

- 396 PTB non cavitaire, multicentrique.
- 4 mois si évolution favorable et expectoration négative à 2 mois. Sinon, 6 mois.
- A 24 mois, taux de rechute: 7% vs 1,6%.

Johnson J et al, AJRCCM, 2009

Shortening Treatment in Adults with Noncavitary Tuberculosis and 2-Month Culture Conversion

John L. Johnson¹, David Jamil Hadad², Reynaldo Dietze², Ethel Leonor Noia Maciel², Barrett Sewali³, Phineas Gitta³, Alphonse Okwera^{3,4}, Roy D. Mugerwa³, Mary Rose Alcaneses⁵, Maria Imelda Quelapio⁵, Thelma E. Tupasi⁵, Libby Horter¹, Sara M. Debanne⁶, Kathleen D. Eisenach⁷, and W. Henry Boom¹

TABLE 1. BASELINE CHARACTERISTICS OF ENROLLED PATIENTS BY STUDY ARM (N = 394)*

Baseline Characteristics	4-Month Arm (n = 196)	6-Month Arm (n = 198)
Male, n (%)	119 (61)	120 (61)
Age, yr	31.2 (10)	30.3 (10)
Weight, kg	55.8 (10)	55.2 (10)
Body mass index, kg/m ²	20.6 (3)	20.3 (3)
Hemoglobin, g/dl	13.2 (2)	13.4 (2)
Chest radiograph—extent of disease, [†] n (%)		
Normal to minimal disease	77 (39)	91 (46)
Moderately advanced disease	94 (48)	91 (46)
Far advanced disease	25 (13)	16 (8)
Bilateral disease on chest radiograph	85 (43)	70 (35)
Highest sputum AFB smear grade, n (%)		
Negative	74 (38)	67 (34)
1+ to 2+	43 (22)	56 (28)
3+ to 4+	79 (40.3)	75 (37.9)
Time after inoculation in liquid media until positive sputum culture, d	11.0 (7)	10.0 (7)

Definition of abbreviation: AFB = acid fast bacillus.

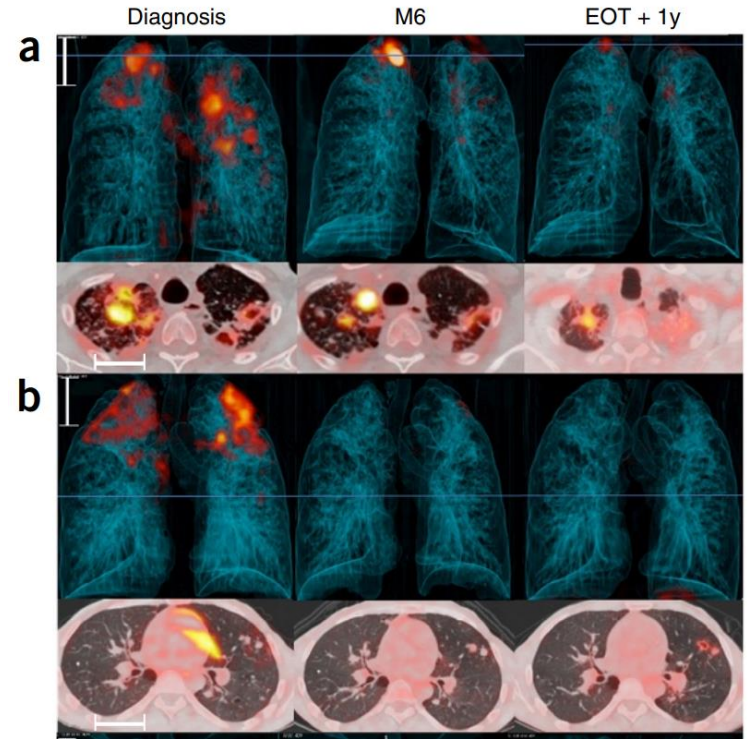
* Values are mean (SD) unless otherwise noted.

[†] According to the scheme of the U.S. National Respiratory and Disease Association (25).

- 396 PTB non cavitaire, multicentrique.
- 4 mois si évolution favorable et expectoration négative à 2 mois. Sinon, 6 mois.
- A 24 mois, taux de rechute: 7% vs 1,6.

Autres pistes

- TEP scanner : AUC 0,8 pour prédire l'échec ou la rechute¹ (>80% de réduction de l'activité totale).
- Génomique²: score TB22 prédictif d'une guérison AUC 0,94.
- ARN 16s³: 67,9% des patients guéris et 100% des rechutes bien classées à 6 mois.



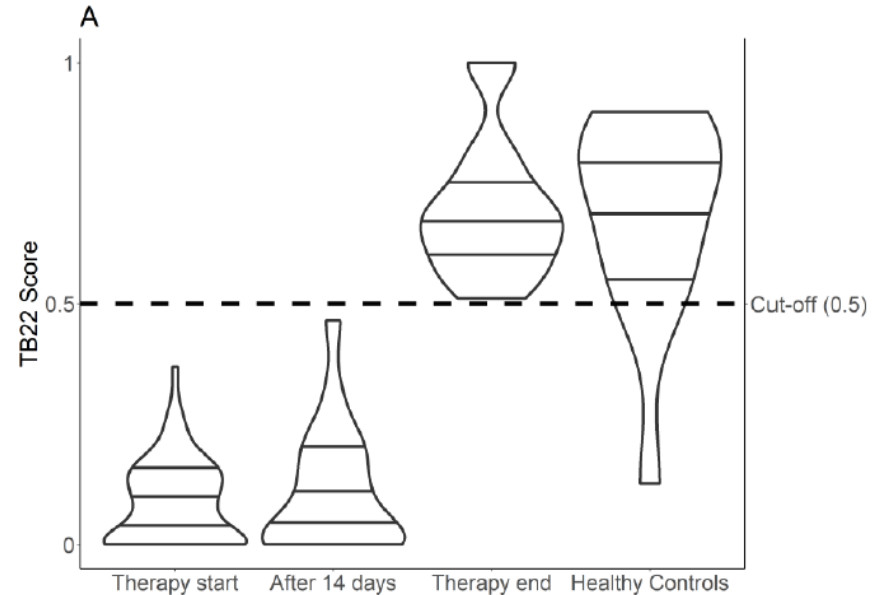
1 Cross G et al, J Infect Dis, 2023

2 Heyckendorf J et al, Eur Respir J, 2021

3 Ntinginya NE et al, Clin Infect Dis, 2023

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- ARN 16s³: 67,9% des patients guéris et 100% des rechutes bien classées à 6 mois.



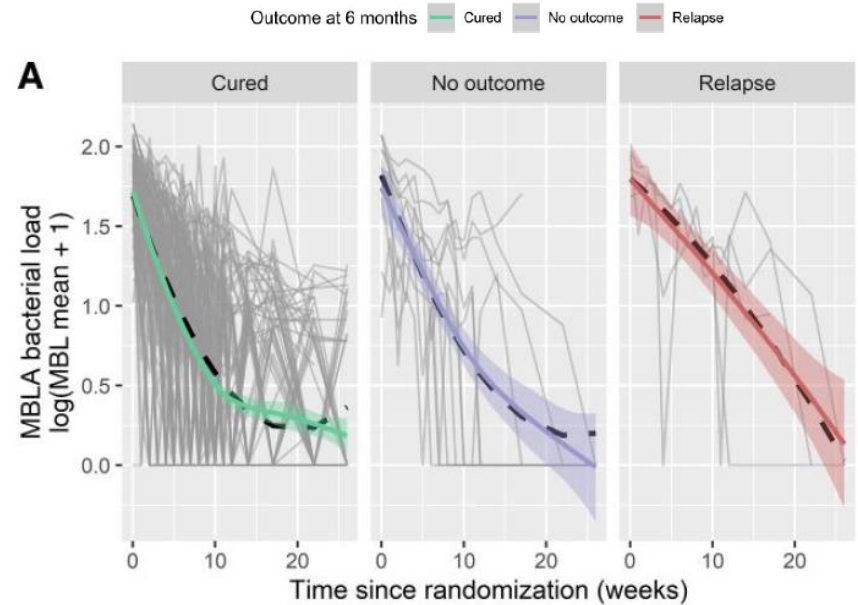
1 Cross G et al, J Infect Dis, 2023

2Heyckendorf J et al, Eur Respir J, 2021

3Ntinginya NE et al, Clin Infect Dis, 2023

Autres pistes

- TEP scanner : AUC 0,8 pour prédire l'échec ou la rechute¹ (>80% de réduction de l'activité totale).
- Génomique²: score TB22 prédictif d'une guérison AUC 0,94.
- ARN 16s³: 67,9% des patients guéris et 100% des rechutes bien classées à 6 mois.



1 Cross G et al, J Infect Dis, 2023

2Heyckendorf J et al, Eur Respir J, 2021

3Ntinginya NE et al, Clin Infect Dis, 2023

Conclusion

- Oui, c'est déjà une réalité : 4 mois avec la moxifloxacine et la rifapentine mais non accessible en France.
- Oui, cela semble possible, soit:
 - En augmentant les capacités stérilisatrices du schéma: rifampicine forte dose, rifapentine, anti tuberculeux de seconde ligne.
 - En différenciant les tuberculoses :
 - Au début de traitement (bactériologie, imagerie) → tuberculose paucibacillaire.
 - Ou en cours de traitement (pet scanner, génomique, ARN 16S) → hyperrépondeurs.